HUBBARD MEMORIAL LIBRARY
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The Year of the Lion

1990

Opening 2

People 8

Sports 60

Seniors 92

Organizations 38

Student Life 56

FOR REFERENCE
Do not take from this room

Closing 138

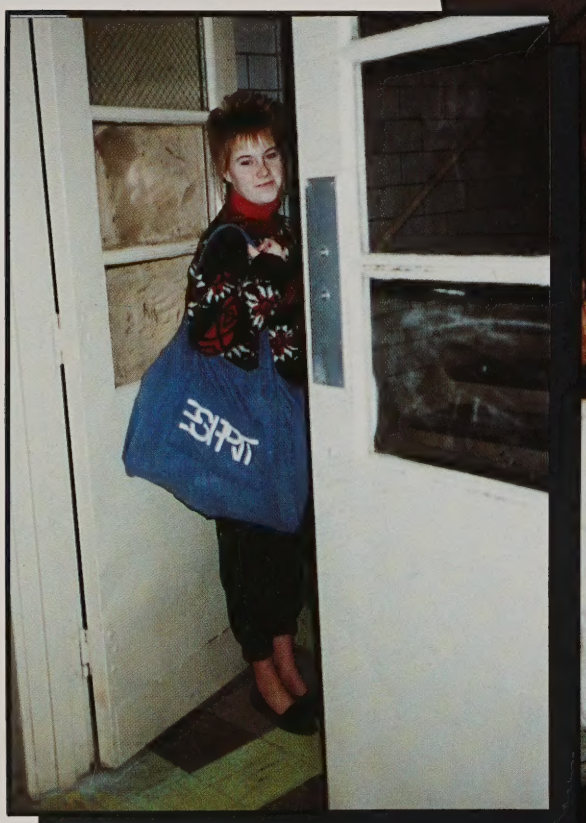
Ads
Senior Directory 144

1990
The Year of The Lion

Ludlow High School
500 Chapin Street
Ludlow, MA 01056

The hustle and bustle of Ludlow High halls.

Sue Conniff faithfully guarding her post.



Mike Nedeau, Tom Moffett, and Stan Lupa. . . "say cheese!"

1990 The Year of the Lion

Throughout the past four years, the Class of 1990 has maintained a strength and confidence that has led to promising success among this year's graduating seniors. We have struggled together, tasting the unknown while striving to reach our goals. We have shown each other, and our teachers, how opinionated and stubborn we can be, full of thoughts and new ideas. In the never ending confusion of today's world, we have tried not to overlook those who mean so much — family, friends, teachers — forming bonds of friendship that we hope will last a lifetime. Although promises and hearts have been broken along the way, around the corner we could always count on someone to guide us back on path. Our achievements have been many.

Kindergarteners hit the library!

The 1990 seniors have played an immense role in LHS sports, from the soccer field to the gridiron to the rink, many times beating the odds set by other schools. Musicians, artists, actors, writers — no matter where our talents lie, we have all contributed to the final effect of the year of the lion. Each individual, unique personality has somehow blended to form the class of 1990. To gather the golden seeds of tomorrow, we have fully lived the past, crowding our lives with action, filling our years with risks. After failures, setbacks, and many, many tears, The Year of the Lion has finally been reached. In our thirteen years of education, we have known happiness, sorrow, hard work, and disappointment. Our youth is a time to be treasured forever, locked inside a special place in our hearts.

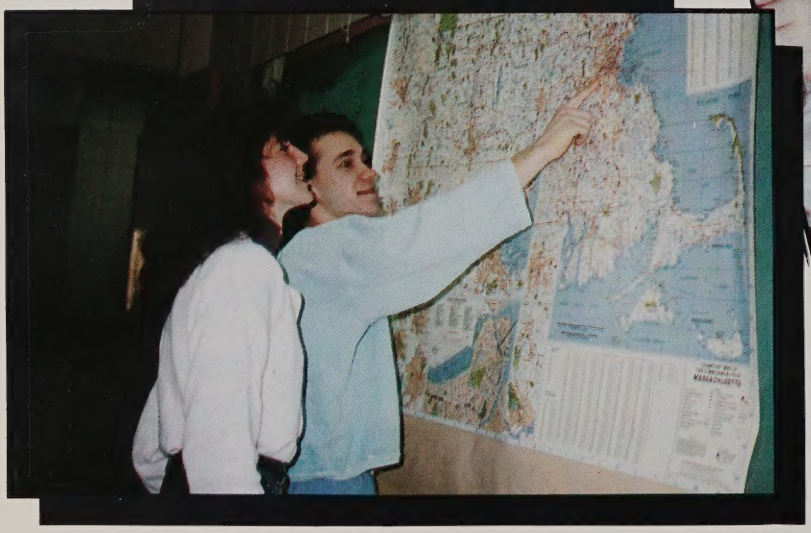
Steady now, and turn.

Gossiping, not us!

Trisha sits this dance out.

Jeanne, Christina, and Liz sitting pretty.

How's it taste, Kristin?



Is this where we live?

As we bid a final farewell to the closing doors behind us, we must face the new world of adulthood that lies before us. Responsibility, commitment, dedication — so much more is asked of us now. Our ideals must not be deserted, our values not placed against our will. The Class of 1990 must always remember: we are the Year of the Lion.

Whose lounge is this, anyways?

Ah, Love is in the air!

1990 The Year of

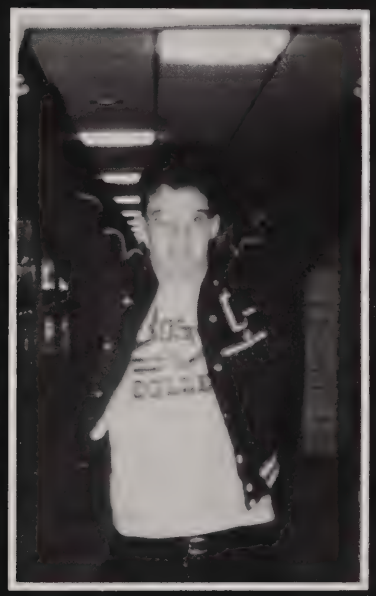
People

Diana and Nuno sitting close at the Senior Banquet

Jorge, Laurie, and Lee Ann laughing at a joke during lunch

Steve and Becky find something funny in government

What's the password?



Laurie, Cheryl, and Denise have class!!

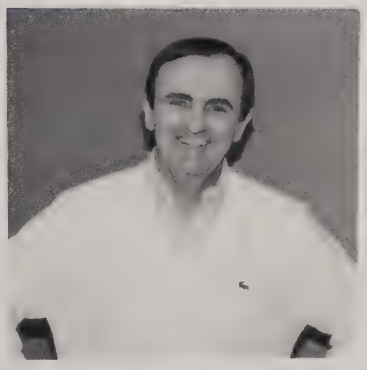
Yah, sure I understand Analysis!

Teachers and Administration

Mr. James D. Cavallo

Mr. Joseph Andreis

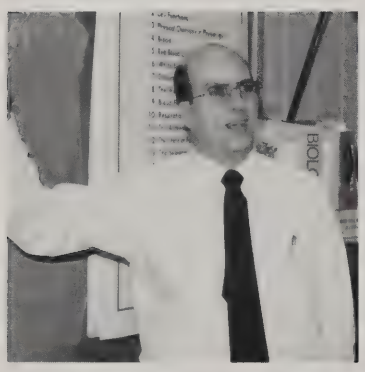
Beth Bacon
Alexander Bal
Paula Bennett
Emilio Bollen



Nancy Boyle
Bernard Burns
Brian Bylicki
John Carlin

Louis Casagrande
Joan Cavallo
Leonard Charest
Mirium Clement

Charles Costa
Maureen Cotti
Richard Cotti
Carol Dalessio



Lieslotte Dumais
Francis Duclos
Sheila Dias
Philip Dalessio

Gordon Eaton
Maria Fagundes
Wallace Gay
Rosemary Gilrein

John Godek
Antonio Goncalves
Lawrence Holdsworth
Nancy Kavka

Suzanne Kelley
Herman Kendrick
Lee Kenworthy
Cynthia Koch

Richard Kolodziey
William Kosher
David Larrivee
Donald Leger

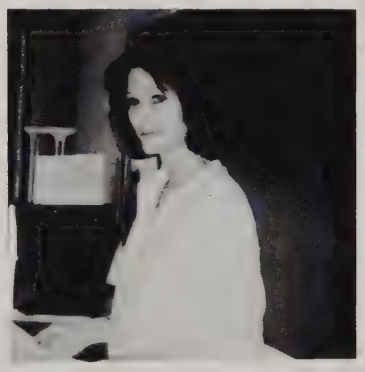
Frances Libiszewski
Jerome Linehan
James Lonczak
William Lucia

Daniel Lynes
Richard Malek
Toni-Marie Mancuso
James Marceau

Steven Marino
James Martin
Diane Mozzocco
John O'Connor

Margaret O'Neil
Leonard Phelon
Stella Pierce
Katherine Reilly

Margaret Reilly
James Richards
Anne Sands
Arthur Serra



Susan Stachelek
Joseph Szlosek
Richard Thomas
Joanne Trimble

Phyllis Vanasse
Raymond Yando
Cafeteria Staff

Jennifer and her mother — What a resemblance!

Kara and her father — Dad, I forgot my lunch money!

It's All in the Family

Can you imagine what it would be like to have one of your parents teach at the high school you attend? There are many graduating students who are in this situation: Kim and Mr. Bal, Mike and Mrs. Sands, Kara and Mr. Richards, Mark and Mr. Marceau, and lastly, our yearbook editor, Jen Kavka and her mom.

"Having a mother teach at the same school is fun sometimes and aggravating others," replies Jennifer Kavka. It is quite embarrassing for these students who have had a boyfriend or girlfriend because at least five people usually report back to the parent about their child holding hands or kissing. Although it can be beneficial at times, getting rides and passes as needed, other times having a parent at school is undesirable, having him or her know about any punishment before you do and giving students the false impression of favoritism. As you might guess, there is no such thing as going home to get away from it all. Mom or dad is there!

Mike and his mother — She's sure been feeding him Wheaties.

Kim and her father — Smile!

Mark and his father — Do they look related or what?

Teacher Reverse Day

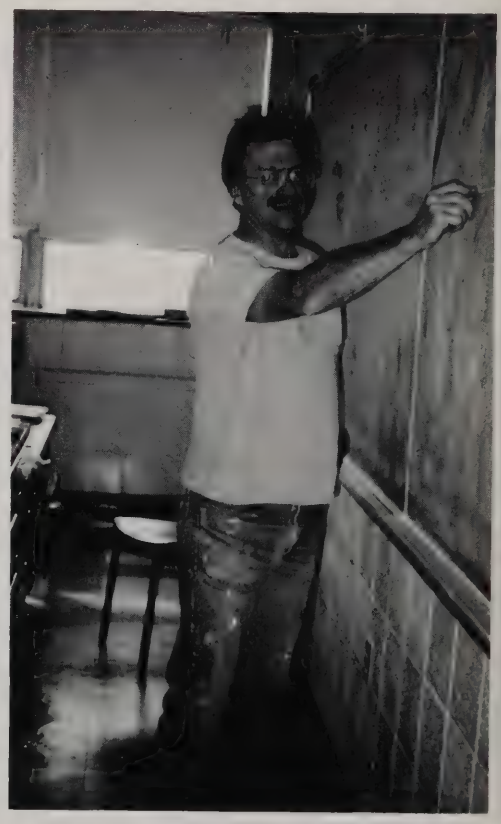
Tuesday, November 7, 1989 marked Student Council's Dress Down Day. This event supplied teachers with the opportunity to "dress down" in jeans, sweatshirts, and an array of other student-like attire.

The event was held on Sadie Hawkins Day, a day on which girls traditionally "trade places" with the boys and ask them out. Similarly, the point of this Reverse Day was to give teachers the chance to switch appearances with their pupils.

Student Council charged a fee of five dollars for those teachers who wished to participate, proceeds going to benefit the earthquake relief fund. Student Council members also encouraged students to donate their spare change during lunch to the worthy cause.

▲Bonjour, Mr. Martin!

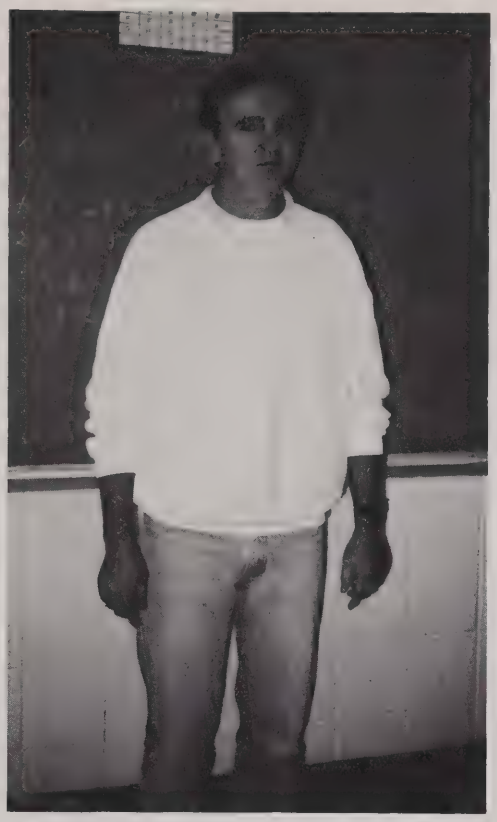
▲Mrs. Phelon: Ready for a jog . . .



▲Mr. Duclos explains the unexplainable . . .

▼Mr. O'Connor casually waiting for his next class.

▼Mr. Carlin: "Don't get smart, stay the way you are."



▼Mr. Murray

▲Mrs. Cavallo in the lab.

▲Mr. Lucia and Bruce Taylor share a tender moment.

▲Mrs. Parent, just one of the kids!

Freshman Flair

Helena Afonso
Jose Aguiar
Alison Albright
Lisa Alves
Marie Andre
Joseph Antonio

Daniel Askew
Kara Auffrey
Andrea Babinski
Duane M. Barry
Jonathon Baxter
Tracey Beauregard

Erin B. Beebe
Julie Bell
Michael Bernard
Melony Bernatchez
Shaun Billion
Georgina Blair

Teryn Blais
Michael Blake
Jared Boduch
Keith Boutin
Richard Boyce
Michael Brennan

Brian Cabral
Anabela Canelas
Kimberly Caputo
Christine A. Cardinal
Kelly Cashman
Lori Cennamo

Branden Chamberlain
Paul Chaves
Christopher Chilcote
Jeremy Chilcote
Kathleen Chrzanowski
Angela Cocus

Bruno A. Coelho
Dale Conui
Marcella Cote
Isabel Crespo
Paula M. Crowley
Michael P. Crum

Michael Cushing
John Davis
Leonor DePina
Alisa Dias
Kenneth Dias
Nicole Dionne

Allison Dorval
Sarah Dudley
Renee Dupont
Amber Ericksberg
Paulo Esteves
Nuno Faria

James Fenney
Daniel Fernandes
Jacqueline Ferraro
Nelson R. Ferreira
Scott Fillion
Frank Fortune

David Gallo
Christine Ganhao
Michael D. Gianni
Alice Gill
Almira Gomes
Laura Gomes

David Goncalves
Nelson Goncalves
Christina Gomes
James Goodreau
Daniel Grassetti
Kelly Haluch

Matthew Haluch
Amy Harris
Todd Hart
Sandra Hilario
Dawn Holley
Joseph Hudyka

Diane Jaciow
Tomasz Jaracz
Peter Karalekas
Anthony Kempesty
Mandie Keys
Mark A. Kornacki

Adeline Koscher
Beverly Kosciol
Nancy Kozicki
Thomas Kropp
Steven Labonte
Jeremy LaFountain

Michael Lamas
Jason Lambert
Claudio Laneiro
Michael Lantaigne
Todd J. Laplante
Jennifer Lariviere

Kevin Latour
Shawn Leary
Christopher Lemek
Elizabeth G. Lopes
Christina Machado
Yvonne Machado

Susan Macintosh
Melissa Madeira
Anthony Malfino
Wendy Mallalieu
Carlos Marcelino
Dina Marois

Paulo Marta
Elizabeth Martins
Isabel Martins
Stefanie Masse
George Mateus
Mark Matthieu

Jill McAfee
Jeff McCarthy
Benjamin McCarthy
Jennifer McCarthy
Susan Medeiros
Carrie Melbourne

John Michalski
Daniel Mongeon
Dalia Monteiro
Christi Mountinho
Sarah Musiak
Diane Nascimento

Amy Newby
Amy Nichols
Andrew Norcrasz
Candi Orchulek
Melissa Otto
Joel Page

Jose Paulo
Meredith Peabody
Michael Pease
Emmanuel Pedro
Carla Pereira
John Pereira

Leonel Pereira
Amaada Plasse
Maria Pires
Marc Platinitis
Jon Pouliot
Tara Quesnel

Bryan Rae
Michelle Richard
Christopher Richter
Erica Robbins
Jason Rodrigo
Debra Rodriques

Michael Rodrigues
Adrian K. Rodriquez
Paul Romaniak
Jennifer Rouleau
Khristine M. Roxo
Larry Rusiecki

Jacob Sadowsky
Brian Salvador
Gregory Sambor
Carrie Sanford
Antonio Santos
Claudia Santos

JoAnne Santos
Luis Santos
Lurdes Santos
David Saraiva
Linda Saraiva
Carolyn Scheer

Kimberly Schutt
Adam Sedzikowski
Daniel Sedzikowski
James Serra
Lisa Serrazina
Ana Serrenho

Lauren Serwatka
Alisson Silva
Bernadette Silva
Rachael Skelly
Daniel Soares
Sonia Sousa

James Tetreault
Renee Theroux
Rebecca Thompson
Shannon Thompson
Susana Tiago
John Vaz

Tara Vermette
Craig Vershon
Ronald Vice
Michael Vieira
Angela M. Vital
Kristen Wainwright

Lori Warren
Maramonie Werbicki
Kevin Wizell
Chris Wurszt
Jodi Yelle
Punnoose Zachariah

Michael Ziemba

Freshmen not pictured

Tihon Arbuzovx
Danielle M. Boland
Daniel Branco
Maria A. Canelas
Melanie C. Carpenter
Jesse Chisholm
Robert Corliss
David Costa
Bobbi Jean Cote
ElizaBETH Czepiel
Keith DaSilva
Benjamin Dupuis
Anthony J. Faye
Chad Gagnon
Mark Grenda
Damien Guerin
Tammy Heinz
Bryan Kelsey
Edward Lanza
Nickolaus Marti
Nelson Morgado
Ronald Nowak
Paulo Rodrigues
Erica Outhuse
Anna Pielecha
Brenda Rooney
Rita Savard
Gary Shields
Richard Smith
Sergio Valadares
Jeffrey Zima
laurie Demers
Ronald Nobbs IV

WEST SPRINGFIELD

Sophomore Style

Michael Adams
Steven Adams
Kevin Andryc
Amanda Asselin
Michelle Azevedo
Rebecca Bal

Dennis Baltazar
David Bamford
Maria Barroso
Clara Bastos
Daniel Birch
Tamara Bissaillon

Christine Boduch
Kevin Boutin
Andrew Boyea
Michael Brassard
Jeff Bunten
Kevin Bushey

Augustino Calheno
Matthew Cameron
Maria Canelas
Deborah Canoa
Larry Caputo
Cathy Carlos

Amy Carlson
Jason Carr
Chris Cavallo
Marianne Cerca
Kim Charest
Robert Charpentier

Michael Chilcote
Stephanie Chmura
Kathy Ciempa
Dan Cincone
Katie Clifford
Joni Cossaboom

Ricardo Costa
Angela Cote
Joel Crinella
Richard Crum
Christine Cusson
Joseph DaCosta

Rui DaCruz
Tami Denette
Amy Desmaris
Deena Desrosiers
Luis Dinis
John Driscoll

Nancy Drussel
Christopher Dynak
Sara Evangelista
Sandra Faustino
Jose Fernandes
Miguel Fernandes

Christina Ferreira
Debra Ferreira
Paulo Ferreira
Laurie Fioramanti
Barbara Fiorentino
Angela Flebotte

Elizabeth Fonseca
Deanne Forkey
Suzie Ganhao
Carla Garcia
Evan Gaudreau
Bethany Gebo

Jay Gershowitz
Richard Giverson
Christina Gomes
Christina Gomes
Brenda Goncalves
Shannon Goodreau

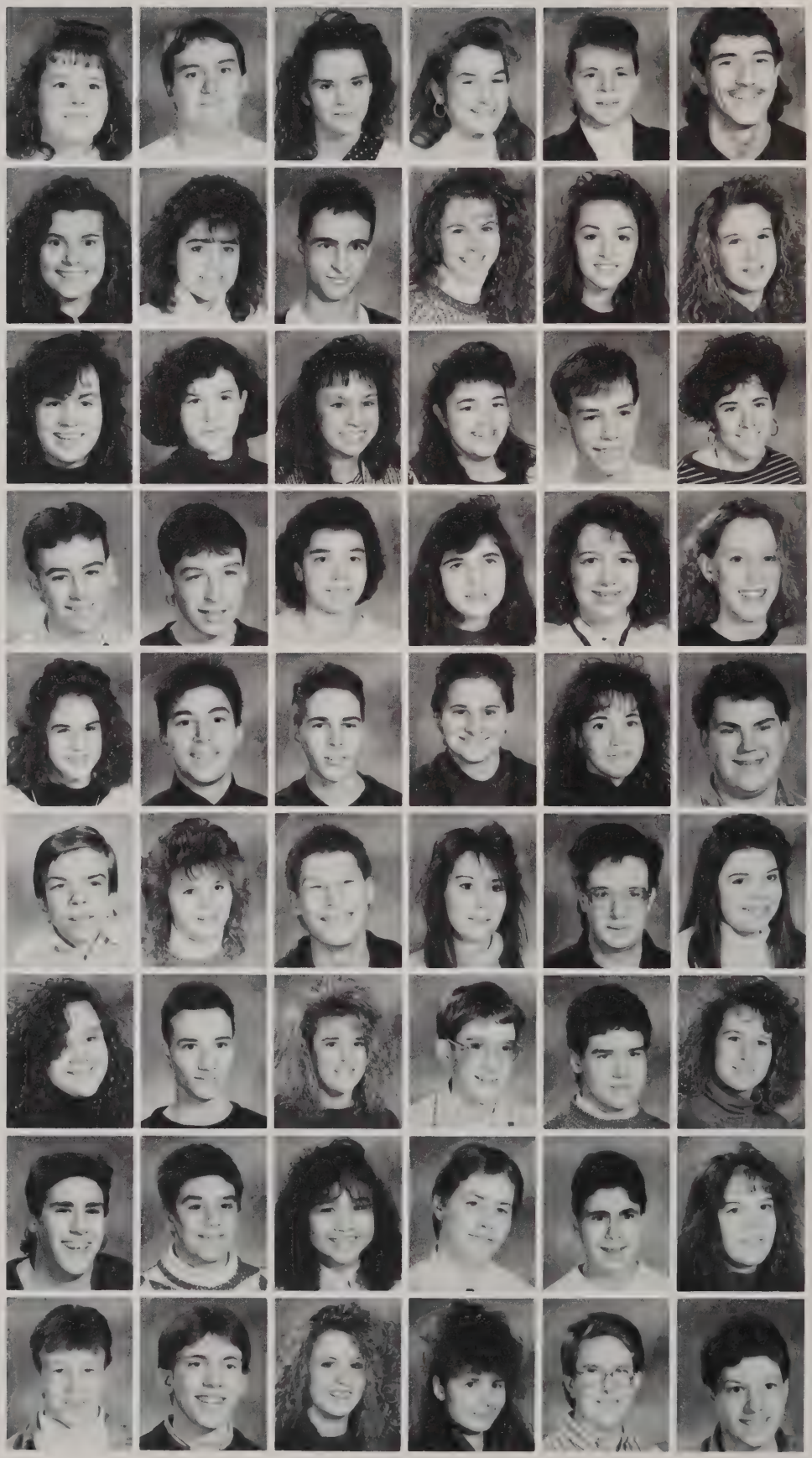
Angela Grimaldi
Jason Grimes
Jason Guinipero
Jeremy Guinipero
Jolene Hackett
Paul Hackett

Frank Halama
Tracy Halgas
Randell Hamilton
Lalaine Harper
Michael Herbert
Diana Hermes

Tammy Heupel
Steven Hicks
Emily Hitchcock
Kevin Hogan
Michael Hogan
Jennifer Holley

Keith Hopkinson
Nathan Hudson
Jennifer Jayma
Paul Jennings
Brian Joao
Evonne Juliano

Wayne Kapinos
Kevin Kavka
Kara Kolodziey
Michelle Koziol
Andrew Kraus
Bill Kubinski



Aimee Labrecque
Michael Lafayette
Shelley Lambert
Kim Laramee
Diane Larouco
Tony Luis

Michael Luszcz
Lisa Machado
Denise Malvinni
Bonnie Manchester
Sandra Marques
Ron Martel

Sharon Martin
Carla Martins
Susie Martins
Jason Martowski
Rachel Mason
Kerri Mathison

Richard McCarthy
Eugene McGahee
Alice Mendes
Luis Mendes
John Mikaelian
Michael Misiaszek

Jody Moffett
Lynne Monette
Maria Morais
Brian Mosio
Kelli Moutinho
David Nally

Alicia Nepomuceno
Kenneth Nogueira
Marcel Nunes
Stacey O' Shaughnessy
Ana Olmos
Eric Osborne

Patricia Pare
Ana Pederneira
Dan Pereira
Rui Pereira
Dawn Pietrowski
Dianne Pina

Dan Pivin
Susan Podsadowski
Daniel Pollard
Rachel Priest
Shelley Prophet
Jody Psoter

Mark Pszeniczny
Joe Queiroga
Jacob Quiterio
Nicole Rescia
Christina Ribeiro
Pamela Richards

Patrick Rickson
Lisa Rinaldi
James Rivera
Anabela Rocha
Susan Rock
Joy Rodrigo

Mario Rodrigues
Sheila Rosa
Tanya Sa
Gene Salvador
Marc Sambor
Chrissy Silva

Michael Silva
Shanna Silva
Joe Smith
Stephanie Smith
Geoffrey St. Pierre
Shawna Starzyk

Rebecca Stebbins
Jody Surprenant
Rebecca Surreira
Elizabeth Tavares
Paulo Tavares
Ken Tereso

Tamara Thomas
Anabela Tiago
Antonio Torpes
Kelly Tremble
Lori Walker
Susanne Wisner

Cari Witowski
Kathy Ziemba
Tim Zych

Students Not Photographed

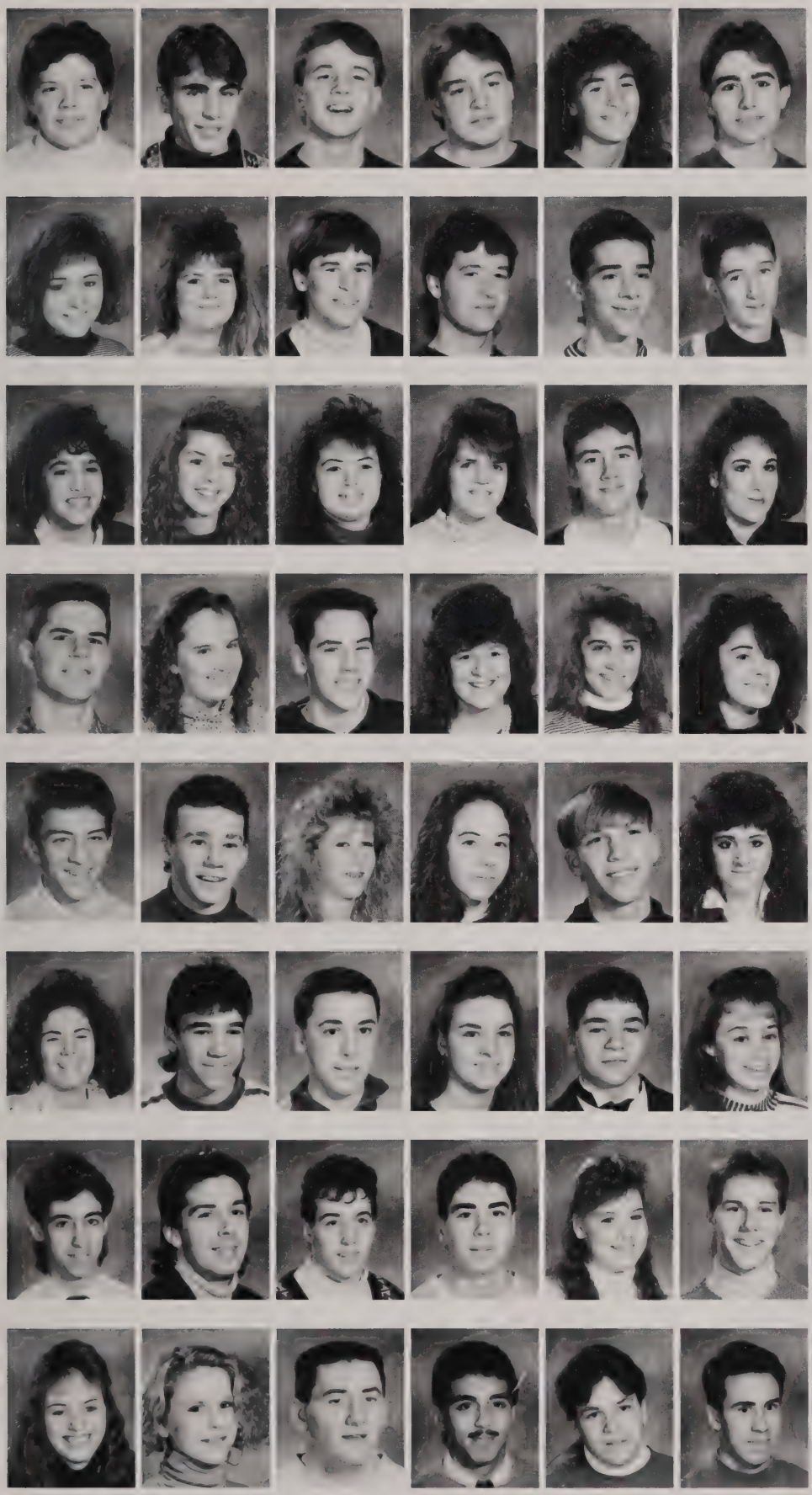
Jose Almeida
Arthur Brown
Tracy Corliss
Daniel DaCosta
Rebecca DaCruz
Julie Felton
Scott Garrity
Audrey Gonzalez
Michael Ice
Eric Iwaniec
Luis Joao
Lisa Malaquias
Keith Martins
Nelson Martins
Anthony Mileski
Jennifer Nickerson
Tabatha Parent
George Ribeiro
Craig Serounian
Antonio Valadares

NUMERO
OPTIMISTIC
LAYFUL
HYPER

LION
12

Sophomores
Were WILD than
HUGE!

Junior Jazz



Joshua Adams
Kevin Andre
Michael Asselin
James Baillie
Dalia Baltazar
George Barroso

Nancy Barroso
Allison Bartolucci
Thomas Bates
Eric Beaulieu
Tom Beauregard
Marc Bednarczyk

Jacki Bell
Amy Bewsee
Kristy Blake
Caroline Boland
Michael Borey
Erin Boyer

Michael Brown
Elizabeth Burrage
Mark Bushey
Amalia Calvao
Jodi Carrier
Kim Casimiro

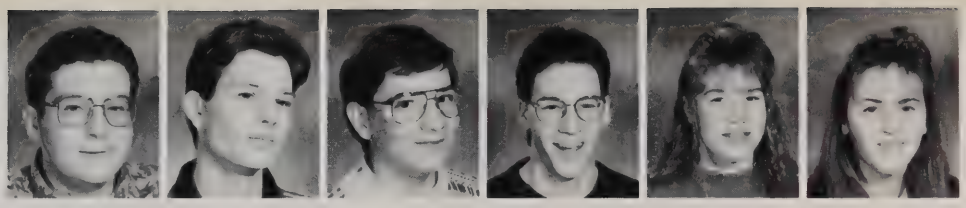
Jonathon Cavallo
Daniel Carter
Shawna Chenier
Heather Colelli
John Collins
Lisa Conde

Lisa Costa
Manuel Costa
Brian Cote
Teresa Czepiel
Fred Dacruz
Rebecca Deponte

Tony Dias
David Dominique
Derek Dorval
Marco Dos Santos
Christine Duffy
Eric Duquette

Mariann Dutra
Libby Dziura
Dan Ferrington
Isaac Flores
Daniel Fonseca
David Fonseca

Tim Fontaine
Kenneth Gagne
Andrew Gallo
Andrew Gatesman
Patty Gauthier
Heather Geboskie



Heather Giroux
Daniel Goncalves
Jorge Goncalves
Rebecca Goulet
Rui Guerreiro
Susan Haluch

Jeff Harris
Tisha Harrison
Tonia Hart
Patricia Hoeppner
Brian Jayma
Lucy Joao

Pedro Juliano
Rosemary Juliano
Kelly Keenan
William Koss
Kimberly Ladue
Kristin Lamas

Bryan Lamont
Shelley Lawler
Bonnie Leclair
Renee Lecuyer
Heidi Leib
Anthony Leonczyk

Derek Long
Glenn Mackintosh
Eric Majka
Wayne Majka
Luis Maravilha
Donald Marino

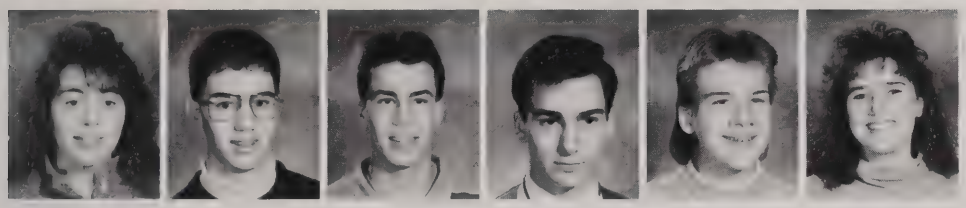
Renee Maroney
Sandra Martel
Duane Martin
Alicinio Martins
Fatima Martins
Sergio Mateus

Maureen McNally
Steven Mileskie
Michael Mole
Dolores Monteiro
Jeffrey Nilson
Elizabeth Nogueira

Eric Norman
Teresa Ostrowski
Tabitha Paquette
Rebecca Peabody
Jason Pellissier
Carla Pereira

Elizabeth Pereira
Nuno Pereira
Sheri Pereira
Bonnie Perusse
Chad Picard
Karen Pichey

Shelley Pietras
Joseph Podosek
Kristen Provost
Ryan Quesnel
Darlene Rae
Dulce Ramalho



Maria Ramos
Brian Regnier
Joe Ribeiro
Valdemar Rodrigues
Jeffrey Rolo
Diana Rusiecki

Lori Rusin
Stephen Sambor
Pamela Sampson
Daniel Santos
Darren Scheer
Cherylee Schimmel

Stacey Sevivas
Kevin Siuda
Kara Smith
Rebecca Snyder
Sandra Sousa
Edward Strycharz

Jamie Swimm
Cynthia Szarlan
Tara Tarby
Carole Teixeira
Christine Teixeira
Tad Tokarz

Kimberly Torretti
Kerry Truchan
Jennifer Tucker
Laurie Tyburski
Luis Vala
Ginette Veilleux

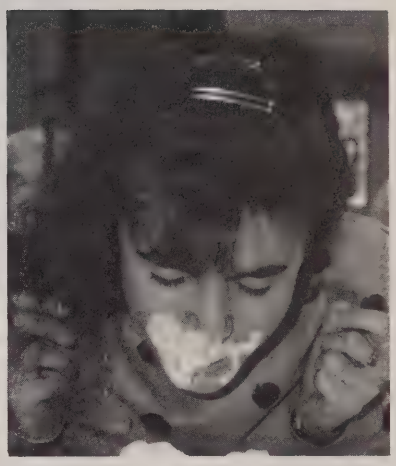
Eliza Virgilio
Meghan Whitney
Marsha Wilczynski
Lee-Ann Yando
Paulo Zina
Jennifer Zucco

Peter Zwinski
David Vigneault
Jeff Robbins

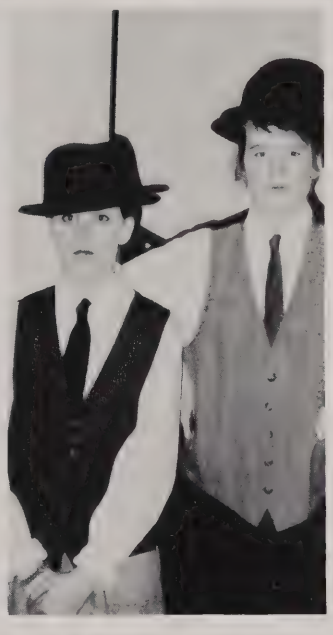
Juniors Not Photographed

Dina Antonia
Lillian Arbuzov
Kitty-Ann Barber
Alicia Campana
Marcos Casares
Cheryll Chartier
Rodney Chaves
John Cordeiro
Laura Davidson
Janice Docarmo
Elizeu Ferreira
Jennie Forest
John Fortune
Jason Heinz
Ruskin Hughes
Carl Langton
Anthony Larouco
Shawn Leblanc
Tanya Lemelin
Deborah Maynard
Jason McCormick
Henrique Morgado
Todd Murphy
Kimberly O'Donnell
Sandra Pereira
Jose Ribeiro
Tony Ruest
Anabelle Rocha

PARTY
ON
DUDES



Candids



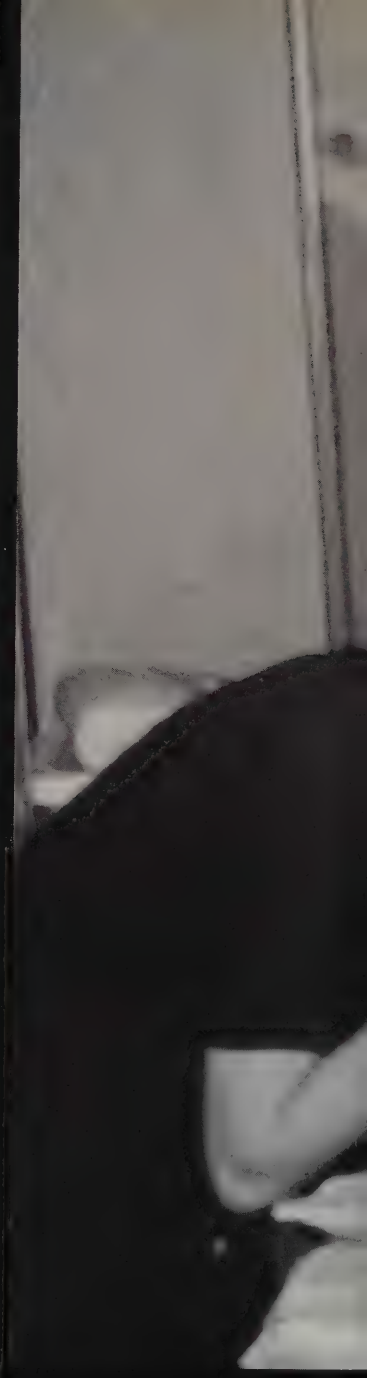
Candids

LUDLOW
10
51
52
SWEATS

LUDLOW
LUDLOW
HO RES

1990 The Year of

Organizations



▶A part of organization involves harmony.

◀Organizations are chances to meet friends like the *Cub* staff.

◀Derek and Heather show the friendship found within these groups.

◀◀These girls show the support friends can give each other with their "babies."

▼**STUDENT COUNCIL — First:** Melissa Silva, Christine Rauh, Jason Heoppner, and Laura Zima. **Second:** George Barroso, Paulo Zina, Laura Frates, Terri Ostrowski, Cristina Santos, Lori Cennamo, Jennifer Collins, Natalie Cieplik, and Kevin Cislak. **Third:** Mr. Bylicki, Leeann Yando, Liz Travares, Susie Martins, Tom McDonald, Tony Santos, David Gallo, Kelley Cashmen, Andrew Gallo. **Fourth:** Lisa Wilczynski, Suzi Ganhao, Denise Malvinni, Barbara Fiorentino, Michelle Koziol, Susan Haluch, Elizabeth Nogueira, Allison Silva, Paula Crowley, Lauren Serwatka, and Terri Czepiel.

▶**SENIOR CLASS OFFICERS** — Laura Frates, Kevin Cislak, Melissa Silva, and Christine Rauh.

▼**SENIOR EXECUTIVE BOARD — First:** James Rae, Kevin Cislak, Melissa Silva, Chistine Rauh, Laura Frates, Jason Dinelle. **Second:** Scott Evans, Christina Santos, Jason Hoeppner, Heather Manchester, Tricia Keough, Laura Zima, Natalie Cieplik. **Third:** Jen Kavka, Jeanne Ramalho, Kim Keys, Cheryl Cennamo, Cindy Charron, Laurie DaSilva, Tom McDonald, Jennifer Collins, Lisa Wilczynski, Jennifer Clark, and Rachel Field.

▲**JUNIOR EXECUTIVE BOARD — First:** LeeAnn Yondo, Jennifer Zucco, Andrew Gallo, Maureen McNally, Terri Czepiel. **Second:** Paulo Zina, Terri Ostrowski, Susan Haluch, Elizabeth Nogueira, George Barroso, and Erin Boyer. **Third:** Heather Giroux, Lisa Costa, Brian Regnier, Kristin Lamas, Rebecca Deponte, Karen Pichey, Caroline Boland, and Lucy Joao.

▼**SOPHOMORE EXECUTIVE BOARD — First:** Jodi Psoter, Susie Martins, Suzi Ganhao, Barbara Fiorentino, Kara Kolodziey. **Second:** Kathy Ciempa, Aimee LeBrecque, Alicia Nepomuceno, Ana Pedeineira, Elizabeth Tavares, Rebecca Surreira, Debbie Canoa, Sue Podsadowski, Brenda Goncalves, and Denise Malvinni.

▲**FRESHMEN EXECUTIVE BOARD — First:** Allison Silva, Paula Crowley. **Second:** Scott Fillion, Tony Santos, Lori Cennamo, Erica Robbinson, Maria Andre. **Third:** Mike Lantainge, Luis Santos, Jimmy Tetreault, and Stephanie Masse.

▼**PRO MERITO — First:** Lisa Wilcizynski, Na Young Kim, Diana Rusiecki, Kristin Lamas, Elizabeth Nogueira, Christine Rauh, Laura Zima, Laura Frates, Jen Kavka, Heather Giroux. **Second:** Christina Santos, Laurie Tyburski, Jason Hoeppner, Karen Pichey, Terri Czepiel, Terri Ostrowski, Andrew Gallo, George Barroso, and Josh Baxter.

▲**AS SCHOOLS MATCH WITS — First:** Steven Silva, Christina Santos, Andrew Gallo, Mike Kozicki. **Second:** Mrs. Mazzocco, Brenda Goncalves, and Sue Podsadowski.

▲**MATH TEAM — First:** Becky Deponte, Kristin Lamas, Ana Pederneira. **Second:** Steven Silva, Jen Kavka, and Sue Podsadowski.

STUDENT ADVISORY COUNCIL — Andrew Gallo, Maura Snyder, Laura Zima, and Susie Martins.

STATE STUDENT ADVISORY COUNCIL — Lisa Wilsynski

REGIONAL STUDENT ADVISORY COUNCIL — Lisa Wilzynski, and Natalie Cieplik

CITIZEN BEE — Jason Heoppner, Chirstina Santos, Christine Rauh, and Mr. Charest. **Missing:** Ethan Gaumond

AUDIO VISUAL AIDS DEPARTMENT — First: David Gallo, Jason Felton, Kevin Cislak, Kevin Mouqin. **Second:** Tony Luis, Joe Fernandes, Paul Romaniak, Chris Roxo, and Elizo Ferreira.

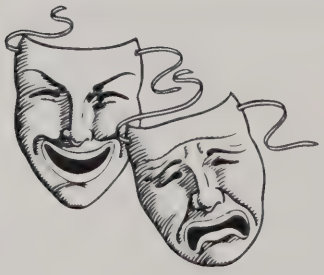
SCHOOL IMPROVEMENT COUNCIL — Jason Dinelle and Melissa Silva.

LIBRARY AIDS — First: Elizo Ferreira, Allison Silva, Chirstine Mountinho, Rob Charpentier. **Second:** Kevin Kavka, Chris Jodlowski, Susan Haluch, Becky Deponte, Karen Pichey, Na Young Kim. **Third:** Melissa Otto, Diane Jaciow, Amber Eriksburg, Dave Nalley, Joann Santos, Lauren Serwatka, Tony Luis, Mrs. Carol Dalessio, and Joe Fernandes.

▶ **THE CUB — First:** Brian Regnier, Jen Kavka, Sue Podsodowski, Terri Czepiel, Kristin Lamas, Kerri Mathison. **Second:** Mrs. Kelley, Jacki Jamoroz, Karen Pinsonnault, Becky Bal, Diane Joao, Brenda Goncalves, Nancy Drussel, and Ray Landry.

▶**DRAMA — First:** Kim O'Donald, Jen Forest, Jason Heoppner, Mrs. Tremble, Michelle Koziol, Nicole Rescia, Paul Driewinski, Kimberly Smith. **Second:** Mike Richards, Jason Felton, Kevin Cislak, Dave Vignault, Diana Hermes, David Dominque, Brian Connaughton, Eric Iwaniec. **Third:** Jennifer Holley, Lynn Monette, Tamara Bissaillon, Shannon Goodreau, Stephanie Smith, Tom Burke, Chris Roxo, Racheal Skelley, Kim Vinne, Natalie Goncalves, Gene Salvador, Steve Adams, Joe Smith. **Fourth:** Angie Cocas, Jen McCarthy, Amy Demeris, Eric Norman, Beth Burrage, Deena Derochers, Laura Demers, Amy Newby, Angela Cote, Darlen Rae, and Dave Edelman.

▶**PORTUGUESE CLUB — First:** Ken Tereso, Sergio Mateus, John Vaz, Maria Morais, Christina Machado, Suzi Ganhao, **Second:** Miquel Fernandes, Isabel Quiterio, Dulce Ramalho, Elizo Virgilio, Nancy Barroso, Ana Peideneira, Clara Bastos, Fatima Martins, Almora Gomes, Lisa Malaquis. **Third:** Mrs. Fagundes, Tommy Vieira, Tony Gomes, Lords Santos, Maria Canelas, Lisa Alves, Isabel Martins, Linda Saraiva, Alice Gil, Diane Pina, and Mr. Boncalves. **Fourth:** Dan Goncalves, Danny Santos, Nuno Pereira, Tony Torpes, Jacob Quin, Micheal Silva, Paulo Ferreira, Marcs DosSantos, Dinis Jablowski, Paul Fontoura, and Shanna Silva.



◀**STUDENT PATROL** — Jeanne Ramalho, Kim Williams, Christine Rauh, Christina Santos, Liz Skora, Jason Heoppner, Melissa Silva, Cheryl Cennamo, Kim Keys, Diane Joao, Kevin Cislak, Tammy Soares, Lisa Wilcinzynski, Jason Dinelle, Beth Tyburski, Jen Condon, Sue Pendester, James Rae, Scott Evans, Carol Cusson, Jennifer Davis, Sue Conniff, Jen Costa, Heather Manchester, Tricia Keough, Tom McDonald, Laura Zima, Nick Cocchi, and Mike Nedeau.

◀**AMNESTY INTERNATIONAL** — First: Jennifer Collins, Diane Joao, Melissa Silva, Christina Santos, Laura Zima, Christine Rauh, and Jeanne Ramalho. **Second:** Natalie Cieplik, Jennifer Clark, Tom McDonald, Jason Heoppner, Scott Evans, Na Young Kim, Becky Deponte, and Jen Kavka. **Third:** Dave Edelmann, Amy Carlson, Lisa Rinaldi, Elizabeth Fonseca, Elizabeth Pereira, Terri Czepiel, Terri Ostrowski, Kristin Lamas, and Karen Pichey.

"In Your Eyes"

The 1990 Ludlow High School Prom was held Friday, May 18 at Chez Josef. 350 people attended this year and filled the dance floor while the band Breezin' played. Greniers photographers took pictures and offered a wide assortment of package choices. The prom-goers had a choice of prime rib, baked stuffed shrimp, and chicken cordon bleu for dinner. Dessert was an ice cream filled canolli.

As in every year, prom courts were chosen by circulating judges. The Princess was Libby Dziura and her date was Joe Casagranda. Her court and their dates were: Diana Rusiecki and Ethan Gaumond, Tonia Hart and Chris Lawler, and Krissie Provost and Mike Gilrein. Prom Queen was Heather Manchester and she was escorted by Mike Serwatka. Her court consisted of Jen Collins who was escorted by Brian McNiel, Rachel Field who was escorted by Chris Lavoie, and Laura Zima who was escorted by Jason Baker. Everyone was dressed up and danced the night away.

▲"May we have this dance? Please?"

▲▲Watch out for the photographer!

▲Smile, you're on Candid Camera.

▲▲See? We brushed before we came.

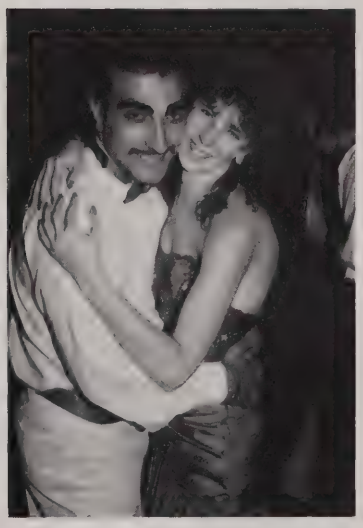
▼Princess Libby Dziura poses with her court.

▼Three junior girls take time out for a picture together.

▲Tammy Viera and Jason Boulieaur off the dance floor.

▲▲Queen Heather Manchester poses with her court.

▲▲These girls show the crowd what they've got.



▲Alex Goncalves and Shelley Lambert dance close.

▼Looks like they're having fun at the prom.

▼▼Kim Smith and her date smoke up the dance floor.

▼Diane Nougeira and her date have a good time posing for this picture.

▲Natalie and Tricia interrupted during a conversation.

▲Becky Peabody and Tonia Hart dance the night away.

▲▲Heather and Mike look in each other's eyes.

▼Diana Rusiecki and Ethan Gaumond dance with the court.

▼A crowded dance floor

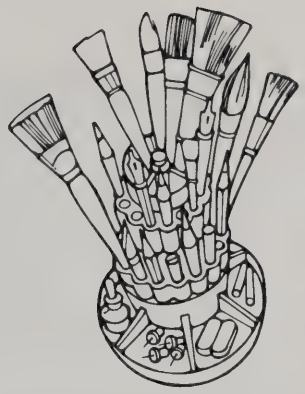
▼Our dates are gone so why don't we pose for a picture instead?

▲To the left of the dance floor we have Heather Colelli and Janice Decarmo.

▲▲These fine gentlemen pose without their dates.

▲Breezin' provided the music.

▲▲Chris Truchan and date dance.



Beauty Through Art

▶The art exhibit held in the gym showed several works of art like these.

▼This artistic stamp was done by Jennifer Nickerson in art II.

▶Stan Lupa won a contest with this entry.

▲Jennifer Rouleau created this 3-D sculpture.

▲▲Pam Sampson put Gumby on the moon.

◀Scott Evans drew this in art major.

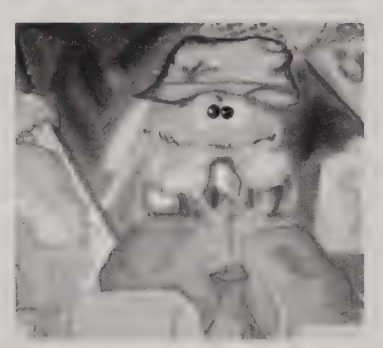
▼Pam Krzyzek did her variation of Ivan Lendel.

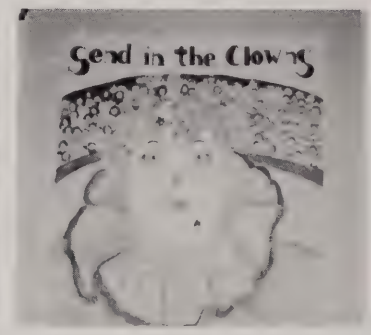
▼Wendy Lenois created this in art major.

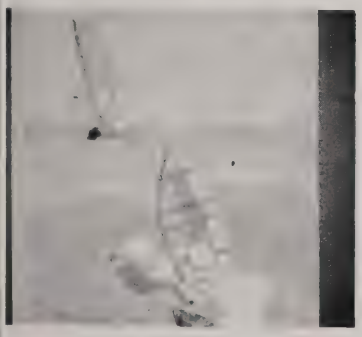
◀Karen Pinsonnault added a new dimension to variations.

◀◀This is Bruce Taylor's art project.

▼"Send in the Clowns" is by Deanne Forkey in art II.







▲Nuno Faria did this windsurfing painting in Art I.

▲Stan Lupa did his variations of a panda bear.

▲Several students are in this artwork.

▲Kathy Ciempa did this circus scene.

▲▲Susie Martins drew and painted this cat.

▲▲Erin Beebe created this mask.

▲▲John Guerreiro drew this in art major.

You Can Take It With You

This year's drama class was taught by Mrs. Trimble and proved to be very successful. The season started out with December's production of *You Can't Take It With You,* which was produced by a cast of nineteen plus numerous backstage crews. Among the major characters were Derek Dorval as Grandpa, Chrissy Silva as Rheba, Jason Hoeppner as Kolenkhov, and Dave Vigneault as Donald.

With March came the Massachusetts High School Drama Guild one-act play festival and competition. Ludlow competed with their modern and upbeat version of *Cinderella Wore Combat Boots.* Acting awards were given to Heather Colelli, Paul Dzierwinski, and Khris Roxo.

A new part to the drama classes brought the students the chance to put on their own plays that they were in charge of and directed. Eric Norman directed a comedy called *Take Five.* Kevin Cislak directed a unique play called *The Man Who Died And Went to Heaven.* Paul Dzierwinski directed a play that dealt with American youth affected by AIDS called *The Inner Circle.*

With a new drama director this year, the drama group put on a number of successful plays with perfection. Even though some of these stars will be leaving, there are still many left to make next year's productions just as great.

▲The cast of *You Can't Take It With You* poses for a group picture.

▲▲Stage Manager Eric Iwaniec of *You Can't Take It With You* and Paul Dzierwinski teach Deanne Forkey to dance.

▲Chrissy Silva and Jason Hoeppner show their Russian backgrounds as characterized by Rheba and Kolenkhov.

▲Derek Dorval shows us his latest invention.

▼Tom Burke and Beth Burrage trying to stay together as their families try to take them apart in *You Can't Take It With You.*

▼The cast and crew of *Cinderella Wore Combat Boots*

▼Prince Charming drags Mazzarella across the stage.

◀The cast of *The Inner Circle* which was directed by Paul Dzierwinski

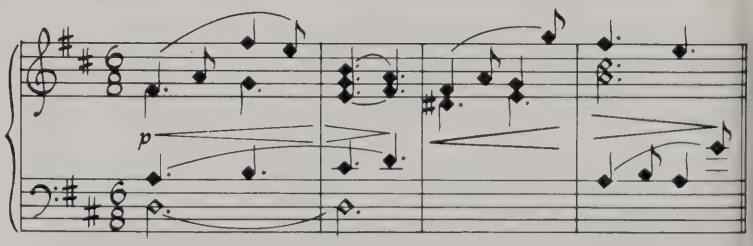
◀Jason and Heather get ready for their grand entrances.

▲Kevin Cislak directed this crew in their production of *The Man Who Died and Went to Heaven.*

▲Eric Norman directed *Take Five.*

FRESHMAN CHORUS — Julie Bell, Kara Auffrey, Joanne Santos, Wendy Mallalieu, Andrea Babinski, Christi Moutinho, Marie Andre, Susan Machintosh, Jacqueline Ferraro, Jennifer McCarthy, Melonie Carpenter, Kate Chrzanowski, Carrie Koscher, Sarah Dudley, Marcy Cote, Tara Quesnel, and Luciann Saloio.

A Grand Finale by the Concert Choir.



CHORALE — Maria Pereira, Terri Ostrowski, Mark Marceau, Heather Giroux, Dawn Pietrowski, Jason Rodrigo, Kelly Saloio, Jeff Bunten, Pam Sampson, Luci Saloio, Karen Pinsonnault, Lin Mei, Dan Cincone, Renee Lecuyer, Denise Malvinni, Paul Jennings, Elizabeth Nogueira, Alicia Nepomuceno, and Joni Cossaboom.

Sing A Song

The 1989-1990 Choral Music program, under the direction of Mr. Gregory Wrinn, once again had a successful concert season. The Concert Choir, Chorale, and Freshman Chorus showed off their singing abilities in a Christmas and Spring concert.

The Spring concert brought many new and exciting pieces of music to the ears of listeners at Paul R. Baird Middle School. "Awake" was a piece written by Robert Terrio and whose debut performance took place at this performance. "A New Voice" was composed by Jay Dias, a former Ludlow graduate himself, and was written especially for the L.H.S. Concert Choir and Wind Ensemble to be performed at the 1990 graduation ceremony. Senior Kelly Saloio performed the solo. Also performed at this Spring Concert were selections from the hit broadway musical, "Les Misérables." Soloists in this medley were seniors Karen Pinsonnault, Maria Pereira, and Mark Marceau, juniors Terri Ostrowski and Elizabeth Nogueira, and sophomores Dan Cincone, Paul Jennings, and Jeff Bunten.

Choral members accepted into the Western Mass. District Chorus were Dan Cincone, Terri Ostrowski, Joni Cossaboom, Elizabeth Nogueira, Kelly Saloio, Luci Saloio, Karen Pinsonnault, Denise Malvinni, and Maria Pereira. This year there were six members accepted into the distinguished Massachusetts All-State Honor Chorus. These were Karen Pinsonnault, Terri Ostrowski, Jeff Bunten, Kelly Saloio, Luci Saloio, and Renee Lecuyer.

Paul Jennings and Dan Cincone ask, "Do You Hear the People Sing?"

Tara Quesnel, a freshman soloist in the folk song "The Turtle Dove."

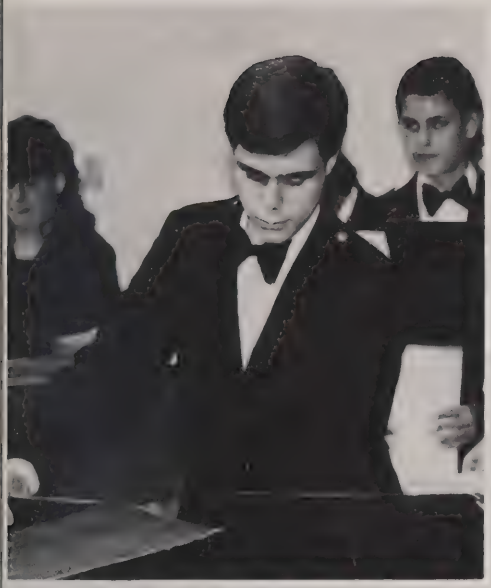
The combined Concert Choir and Wind Ensemble perform Jay Dias' "A New Voice."

Blow Your Horn

Dedication and spirit are what the L.H.S. Concert and Marching Band have under the direction of Ms. Cynthia Koch. This often overlooked group of talented musicians performs, rain or shine, at all home football games, local parades, including Memorial Day, at Class Day, National Honor Society induction ceremonies, and graduation. This year, the band ventured into New York City to perform at the Statue of Liberty. They had a blast even though due to inclement weather, they never got a chance to show off their talents. The band also went and played at the Big E, the St. Patrick's Day Parade in Holyoke, and at the 150th anniversary of Westfield State. The combined band and Concert Choir Christmas Concert displayed the talents of these fine young musicians.

The dedication of 5 of these musicians paid off when they were accepted into the Western Mass. District Band. These were Becky Faye on flute, Renee Lecuyer and Luciann Saloio on French horn, Kim Williams on tuba, and Andy Kraus on bass clarinet. Andy also had the honor of performing as a part of the Massachusetts All-State Honors Band. Keep the music alive.

The L.H.S. Marching Band shows their dedication at those home football games.



Senior Steve Silva hard at work before the concert making sure everything goes well.

First Row — Becky Faye, Kim Williams, John Pereira III, Kevin Wisell, Bill Koss, Tony Faye, Dawn Pietrowski, Kathy Tyrell, Kevin Andryc, John Michalski **Second Row** — Tony Kempesty, Sue Pendexter, Nancy Kozicki, Luci Saloio, Kelly Saloio, Renee Lecuyer, Michael Ice, Stephanie Masse, Marsha Wilczynski, Maria Canalas **Third Row** — Ana Canalas, Mark Marceau, Amy Carlson, Becky Peabody, Christine Cardinal, Sarah Dudley, Steve Silva, Lin Mei, Amy Harris, Debbie Beebe, Matt Haluch, Dan Mongeon **Top Row** — Carolyn Scheer, Autumn Gonyea, Angela Vital, Sarah Musiak, Rachel Skelly, Meredith Peabody, Jeffrey Bunten, Andy Kraus, Amanda Plasse, Mike Cushing, Chris Richter

1990 The Year of

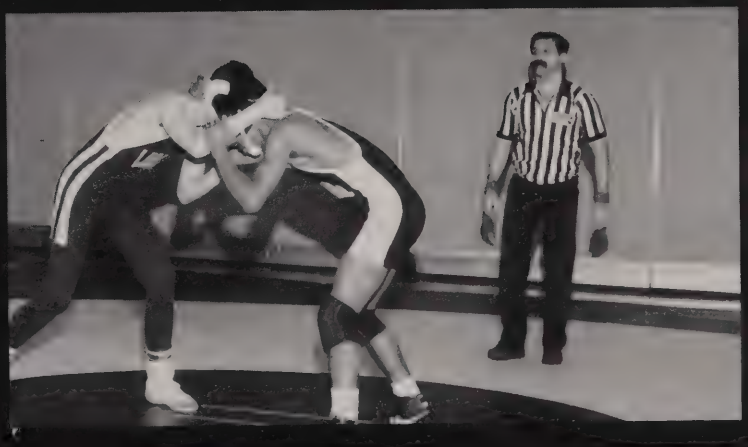
Sports

Erica Robbins steals the ball away.

Ludlow had a great season in football.

Coach Koscher gives Mike Gilrein a few pointers.

Eric Duquette goes for the throw.



Meredith Peabody tries to pass.

The beginning of a match.

▶The squad tries to imitate the Twin Towers.

▼**SQUAD MEMBERS** — ***first row:*** Laurie Da Silva, Laura Frates, Sue Pendexter, ***second row:*** Becky Peabody, Melissa Madeira, ***Missing*** — Nicole Rescia

RAH! RAH!

This year, seven enthusiastic girls showed their school spirit by participating in a very important part of the Ludlow High School sports program, cheerleading. Led by senior co-captains Laura Frates and Laurie DaSilva, the squad spent much time and energy learning cheers, partner stunts, and pyramids in short amounts of time. They also showed efforts on the field, raising the players' as well as the crowd's enthusiasm.

The squad for the 1989-1990 school year included seniors Laura Frates, Laurie DaSilva, and Sue Pendexter and junior Becky Peabody, who participated in all the sport seasons; sophomore Nicole Rescia and freshman Melisa Madeira, who cheered during the soccer season. Freshman Sara Evangelista, who cheered for basketball. Though there were not many girls, the team is very special.

▶▶Co-captain Laura Frates shows her stuff.

▶Sue, Laura, Laurie and Melissa take a break.

▼Who is the mysterious cheerleader?

CHEERLEADING

▲Becky Peabody cheers for the crowd.

▲The squad cheers our teams.

◀**BOYS:** ***first row*** — Jeff McCarthy, Dan Grasette, Mike Lantain, Jeff Bunten ***second row*** — Coach Ed Thompson, Mike Cushing, Craig Molway, Mark Bushey, Ron Kraus

▼Ready! Set! Go! Elizabeth Pereira!

▶**GIRLS:** Marcie Cote, Becky DePonte, Kim Williams, Elizabeth Pereira Coach Phelon, ***Missing*** — Stefanie Masse

▶Becky keeps her stride.

OFF TO THE RACES

The boys cross-country team, although running with only eight members, practiced hard and gave it their best. The hard work payed off as the team posted a 5-8 record, the best since 1976. Coach Thompson and senior captain Ron Kraus led this team to their great season.

The team competed in the Wickham Park Invitational, the Pioneer Division Individual Cross Country Championships, and Coach's Invitational, and the Western Mass Cross Country Championships. Placing well for the lions were Kraus and junion Mark Bushey.

This year, the addition of a girls cross-country team was made. Coach for the girls was Len Phelon. According to Coach Phelon, "The girls have worked hard and showed a steady improvement."

Both teams had a strong season, showing the talents of many fine runners who are sure to shine in the near future. With the return of many underclassmen, both cross-country teams are sure to do well next season.

CROSS COUNTRY

▼A Walk in the Woods with Craig

▶Kim huffs and puffs and keeps on winning.

▼Mike Cushing races to the finish.

▲▲Ron Kraus stays ahead of the pack.

▲Mark Bushey grins and bears it.

▲▲A Pack of Lions on the attack!

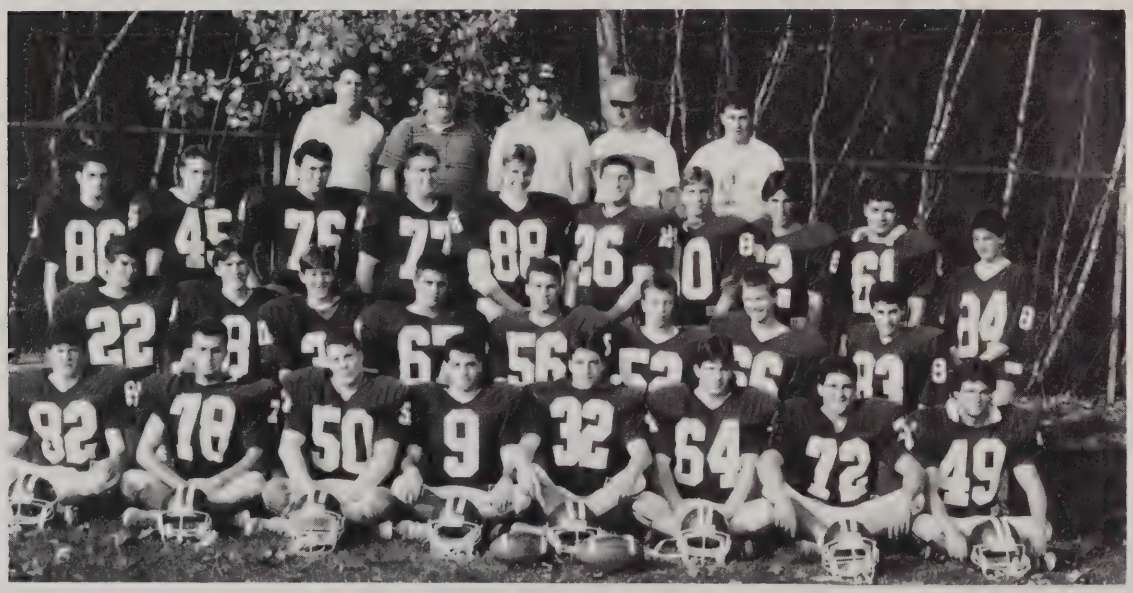
▲Coach Phelon takes a break from basketball.

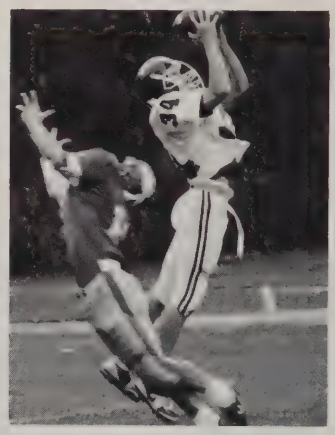
▶▶Dan Ferrington on the attack.

▼***first:*** Dan McKenney, Ted Zwinski, Karl Marosits, Michael Gilrein, Bruce Taylor, Duane Provost, Alan Vautrain, Chris Garrity.
second: Rich Crum, Mike Misiaszek, Ken Gagne, Jason Pellissier, Jorge Goncalves, Wayne Kapinos, Mike Chilcote, Mike Mole
third: Don Marino, Chad Picard, Arthur Brown, Chris Dynak, Eric Duquette, Dan Ferrington, Mike Borey, Marcel Nunes, Fred DaCruz, Steve Marino Jr.
fourth: Coach Garvey, Coach Koscher, Coach Ericksberg, Coach Marino, Coach Scott

▼QB Mike Gilrein looking for a receiver.

▼▼Interception!





IN THE TRENCHES

Following a season which ended in a trip to the Superbowl is a very difficult task for any team to do, but the Ludlow Lions varsity football team proved that they were determined to stay atop the Intercounty league, finishing the season with a 6-3-1 record. They kept the momentum going from last year and ended the year in second place.

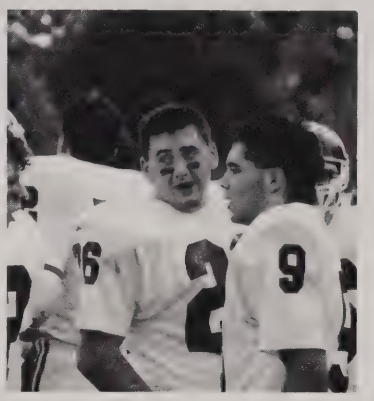
Led by senior co-captains Bruce Taylor and Mike Gilrein, the Lions fought their way to the top, losing only one league game. Junior Dan Ferrington led the Intercounty league in scoring, while senior Dan McKenney also found himself among the league's leaders. Seniors Karl Marosits, Ted Zwinski, Chris Garrity, Alan Vautrain, and Duane Provost, along with juniors Jorge Goncalves, Jason Pellissier, and Fred DaCruz, anchored the strong offensive and defensive lines for Ludlow.

The traditional Thanksgiving Day football game was a little different this year. First of all, snow covered the ground; the game was played on the Saturday following Thanksgiving becuase of the recent snowfall. Loyal Ludlow fans braved the weather, however, to cheer on their Lions. Dan Ferrington put the first points up on the board with a short jaunt into the endzone in the first quarter. In the closing seconds of the first half, the Palmer Panthers squeaked in what was to be their only points of the game. At the end of the first half the score was tied 7-7. Ludlow came out fired up in the second half, as Mike Gilrein connected with cousin Don Marino on a long pass play to bring the score to 13-7. The Lions defense then shut the Panthers down and in the closing minutes of the game, Don Marino came up with an interception to kill Palmer's last scoring opportunity.

▼Coach Scott talks strategy.

Ludlow	Opponent
0 W. Springfield	6
Chicopee (forfeit)	
6 Hoosac	46
27 Frontier	7
14 Athol	6
41 Mohawk	7
6 Ware	29
28 Turners Falls	18
13 Mahar	13
13 Palmer	7

FOOTBALL



▲▲Bruce Taylor clears the way for Dan Ferrington.

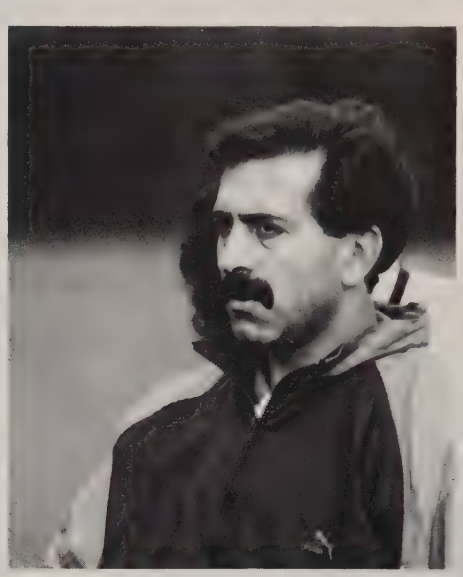
▲▲Sideline talk.

▲▲Offensive line waiting for the snap.

▲Why didn't you finish your English homework?!

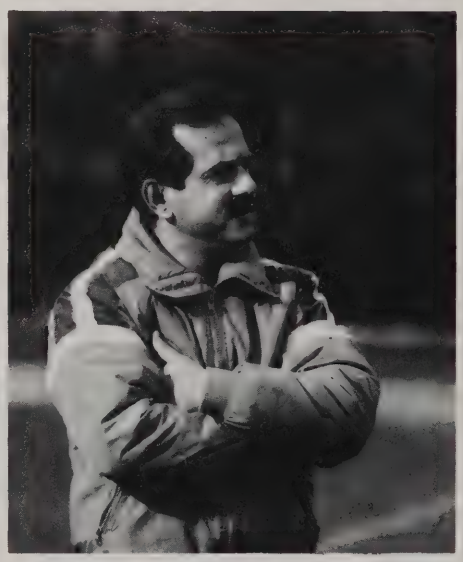
▼Coach Goncalves leading his team to success.

▼▼Asst. Coach Vilaca in serious thought.



A Winning Tradition

Once again, the boys' soccer team finished with another fine season. For the fourth year in a row, the Lions have been undefeated during the regular season. Head coach Tony Goncalves and Assistant Jack Vilaca, with help from assistants Greg Kolodziey and Colin Lussier, used their leadership qualities to direct the team to an 18-1-0 record. The highlight of the season came with a 2-1 overtime victory over arch rival Cathedral in the Western Mass. Division I Finals. The Lions went on to the State Finals only to be disappointed by Wakefield 1-0. The Lions will be losing ten Seniors, including All-American, Paul Fontoura. However, they look very strong for the future.



▲**Varsity Soccer Team:** ***Top Row (L to R)*** Coach Tony Goncalves, Jon Cavallo, Marcos DosSantos, Derek Shute, Paul Fontoura, Dinis Jablonski, Tad Tokarz, Tom McDonald, Carlos Dias, Leon Giard, Ethan Gaumond; ***Front Row (L to R)*** Chris Cavallo, Grafilo Rodrigues, Kevin Andre, Matt Cameron, Nick Cocchi, Fred Santos, Augie Calheno, Andy Boyea.

▲Derek and Carlos looking strong.

▼A heads-up play by Tuna.

▼▼Tom steady on defense.

▼"Over there!"

▼▼Another fine save by Andy.

▼Nothing compares to Leon's throw-ins.

▼▼Unopposed, Grafilo carries the ball.

LUDLOW	OPPONENT	
6	Chicopee Comp	0
5	Westfield	0
4	Amherst	0
4	Central	0
3	Northampton	1
4	West Springfield	0
4	Chicopee	2
3	Agawam	1
2	Holyoke	1
5	Cathedral	2
2	Longmeadow	1
3	Westfield	2
3	East Longmeadow	2
3	Central	0
3	Minnechaug	1
3	West Springfield	2
1	Cathedral	0
1	St. John's	0
0	Wakefield	1

SOCCER

▲JV Soccer Team

▲Freshmen Soccer Team

▼▼Oooh, it hurts so good!

▶**J.V. Girls soccer; first:** Becky Stebbins, Jennifer Holley, Lucy Joao; **second:** Tracy Beauregard, Joni Cossaboom, Angela Flebotte, Amy Desmarais, Kelly Saloio, Joanne Santos, Paula Crowley; **third:** Coach Jess, Coach Caruso, Amy Harris, Christi Moutinho, Shelley Lawler, Angie Cocos, Kelly Haluch, Dawn Holley, Mgr. Liz Fonseca

▼**Varsity Girls soccer; first:** Katie Clifford, Lori Martin, Sue Conniff, Lucy Saloio; **second:** Diane Nasciemento, Lori Fiormanti, Bethany Gebo, Alicia Nepomuceno, Kara Kolodziey, Joy Rodrigo, Aimee LaBreque, Bonnie Manchester, Renee Theroux; Coach Richards, Carrie Sanford, Emily Hitchcock, Chrissy Boduch, Kathy Ciempa, Pam Richards, Stephanie Chmura, Erica Robbins, Marie Andre, Tara Quesnel, Coach Dalessio.

Another Successful Year

The Ludlow High School Girls Varsity soccer team cruised to a 12-3-2 record this year, led by senior co-captains Lori Martin and Susan Conniff. They finished in second place in the Fielding Division and made it to the Western Mass. Tournament once again. There they lost in a tight game with Agawam, 1-0. This rounded out a very successful year which saw several players make All Western Mass. teams. Stephanie Chmura, Kathy Ciempa, and Bonnie Manchester made the first team, while Pam Richards and Joy Rodrigo made the second team for All Western Mass.

The Lady Lions proved to be a powerful team by leading all teams in scoring with 68 goals. Stephanie Chmura led the league in scoring with 24 goals, and Pam Richards led in assists with 12. Since the Lady Lions consisted mostly of underclassmen and only three seniors will be lost to graduation, they will be the team to watch next year and in the years to come.

▼Co-captains Lori Martin and Sue Conniff at Booster Day.

▼J.V. team in action.

▼J.V. Coach Caruso ponders strategy with Kelly Saloio.

▲Coach Richards and Coach Dalessio talking about fishing.

▲▲Stephanie Chmura on the attack.

▲Pam Richards gives it a boot.

1989 Varsity Girls' Soccer

Ludlow	Opponent	
8	Chicopee	3
2	Central	1
1	Westfield	2
2	Cathedral	2
8	Chicopee Comp.	0
8	Northampton	1
2	West Springfield	1
4	East Longmeadow	1
1	Agawam	1
6	Minnechaug	1
6	Holyoke	0
7	Chicopee	1
3	Central	1
1	Cathedral	2
4	Westfield	0
4	Chicopee Comp.	0
Western Mass. Tournament		
0	Agawam	1

GIRLS' SOCCER

Coach Debula contests a call.

▼***J.V. Basketball;* first:** Paul Romaniak, Eric Majka, Brian Regnier, Frank Fortune; **second:** John Driscoll, Jason Grimes, Andy Bouyea, Jason Martowski, Peter Karalekas; **third:** Mike Misziasek, Coach Crawford, Augie Calheno, Joe Quieroga, Mike Lafayette.

▼***Varsity basketball team;* first:** Jeff Koss, Mike Serwatka, Mike Girein, Alan Vautrain; **second:** Coach Cebula, Jon Cavallo, Joe Ribeiro, Tad Tokarz, Chris Cavallo; **third:** John Collins, Eric Duquette, Jeff Nilson.

Reaching for the Sky

The Ludlow High School Boys Basketball team ended another successful season under the coaching of Tom Cebula. The Lions posted a 12-9 record and qualified for their third straight berth in the Western Mass. Division I Basketball Tournament.

Leading the way for the Lions' offensive attack were the Lion co-captains, seniors Mike Gilrein and Mike Serwatka. Serwatka averaged 12.6 points a game while Gilrein had 11.4 per game and 37 3-pointers to lead the team.

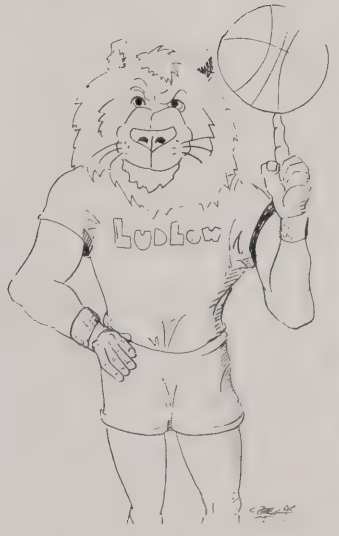
The Lions started the season by winning 8 out of 10 games, but the team slipped in the second half, winning only 4 out of 10. Their last victory was a 79-54 win over Hopkins Academy, which qualified them for the tournament. The Lions almost defeated the Div. III State Champs Smith Academy, but fell short 63-52 in the last home game of the season.

In the season finale, the Lions lost a close game to the Agawam Brownies in the Western Mass. tournament, but determination and hustle kept the Lions in the game until the very end. That same hustle and determination was carried throughout the entire season and the team was rewarded by winning the Sportsmanship Award. Congratulations to another successful year for the Ludlow High School Boys Basketball team.

— *Brian Regnier*

▼*Freshman basketball;* **first:** Jake Sadowsky, Jim Tetreault, Mike Bernard, Larry Rusiecki, Dan Fernandes, Joe Aguiar; **second:** Coach Bylicki, Mike Cushing, Paul Marta, Paul Romaniak, Jim Fenney, Jeff McCarthy, David Saraiva.

▲Planning last-minute heroics.



▼I swear I didn't touch him!

▼Senior captain Mike Gilrein drives to the hoop.

▲Clearing the boards.

Varsity Basketball
1989-1990

Ludlow		Opponent
41	Holyoke Catholic	36
51	Monson	36
36	Holyoke Catholic	60
47	Monson	39
59	Mahar	47
60	Turners	48
55	Easthampton	44
56	Mohawk	60
60	Frontier	49
57	Hopkins	50
61	Athol	79
49	Smith Academy	75
52	Mahar	51
50	Turners	53
66	Easthampton	52
57	Mohawk	50
46	Frontier	67
79	Hopkins	54
74	Athol	82
52	Smith Academy	63
	W. Mass. Tournament	
65	Agawam	77

BOYS BASKETBALL

▲**VARSITY:** ***first row*** — Kim Williams, Kathy Panek, Patti Hoeppner
second row — Aimee Labreque, Pam Richards, Kathy Ciempa, Dalia Baltazar
third row — Coach Len Phelon, Diana Rusiecki, Lee-Ann Yando, Manager Shanna Silva
Missing — Emily Hitchcock, Jen Holley

▼Lee-Ann Yando playing great defense.

▼Kathy Panek, soccer or basketball?

▶**JV:** ***first row*** — Susie Martins, Jodi Psoter, Debbie Canoa, Ana Pederneira
second row — Stefanie Masse, Lauren Serwatka, Lori Cennamo, Meghan Whitney, Paula Crowley
third row: Manager Allison Dorval, Meridith Peabody, Maryanne Cerca, Erika Robbins, Tammy Heinz, Carrie Melbourne, Amber Eriksberg, Coach Tessa Chenaille

SWISH!!!!

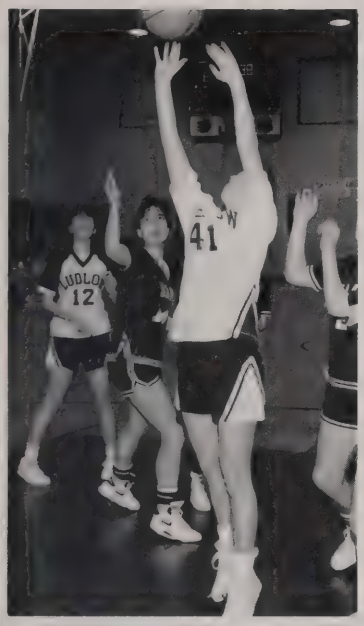
Posting a 6-11 season, the Girls Varsity basketball team improved their record for the season. With a team of two seniors, four juniors, and five sophomores, they worked hard to win. With the help of Coach Phelon and co-captains Kathy Panek and Kim Williams, the girls gave it their all. Guard Panek left mid-season for surgery on her foot, and teammate Patti Hoeppner received surgery on her knee. Filling in the missing spots were sophomore Debbie Canoa and freshman Erika Robbins. At the annual basketball banquet the following awards were given: Lee-Ann Yando — Most Improved Player, Diana Rusiecki — Most Valuable Player, and Aimee Labreque — Coach's Award for Sportsmanship.

The JV team under the coaching of Tessa Chenaille struggled but ended with a successful season. Left with four sophomores and one junior, the ten incoming freshman and returning players worked hard together. Team captains Debbie Canoa and Jodi Psoter, and Coach Tessa Chenaille led the team to a 11-7 season. At the basketball banquet these people were given the following awards: Lori Cennamo — Most Improved, Debbie Canoa — Coach's Award, and Erika Robbins — Most Valuable Player.

With the return of many players, both Varsity and JV basketball teams are looking forward to a successful season next year.

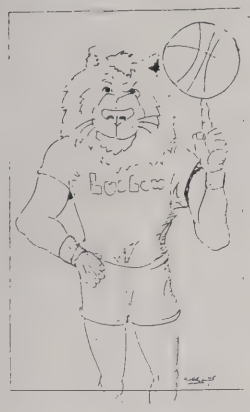
GIRLS BASKETBALL

▼Tammy Heinz goes for the rebound.



▼Who's got it? Kim Williams or Dalia Baltizar?

Us	Opponent	Them
41	East Longmeadow	30
34	Easthampton	51
54	Holyoke Catholic	34
44	Hampshire	46
34	South Hadley	38
41	Ware	51
16	Southwick	64
50	Belchertown	26
31	Gateway	36
37	Easthampton	51
38	Holyoke Catholic	30
26	Hampshire	38
38	South Hadley	40
32	Ware	57
40	Gateway	38



▲Tip Off Time.

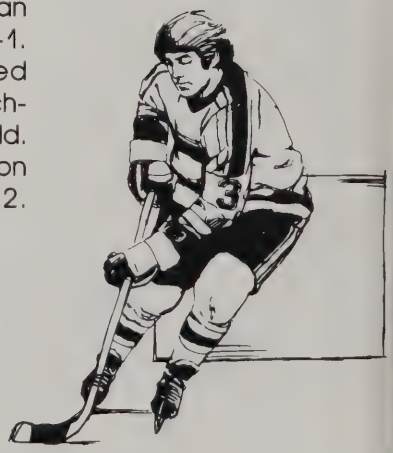
▲Coach Phelon inspires his girls.

▼The Team anxiously looks on.

▼JV ***first:*** Todd Baron, Nelson Ferreira, Michael Blake, Joel Crinella, Brian Cote, Jason Carr, Scott Fillion, Ken Tereso. ***Second:*** Mgrs. Kristy Blake and Tonia Hart, Geoff St. Pierre, Dan Pollard, Chris Lemek, Eric Iwaniec, Derek Long, Mike Lamas, Jared Boduch, Jay Gershowitz, Coach Tony Gosta.

Skating to Victory!

Although the Varsity Lions started out slow with their two independent game losses, and a newspaper prediction of "FAIR", these boys showed Ludlow what they had! With some strong returning veterans, the Lions skated hard to bring them into the play-offs. The Lions went up against rival South Hadley defeating them and gained a new rival in East Longmeadow. In the Western Mass. Division III Championship Round I, the Lions came out strong and defeated South Hadley 2-0. In the next game, Ludlow defeated the Spartans in an overwhelming score of 2-1. The Lions were defeated however in a heart-wrenching game against Pittsfield. The Lions ended their season with a record of 14-5-2. WAY TO GO LIONS!!!



◀Cocchi wrestles for the puck.

Ludlow	Opponent	
1	Westfield	7
3	Amherst	5
10	Central	0
4	Palmer	0
2	Greenfield	0
15	Putnam	1
4	Easthampton	4
3	South Hadley	2
4	Chicopee	3
5	East Longmeadow	5
7	Putnam	1
6	Greenfield	0
7	Central	0
10	Palmer	0
3	Chicopee	2
2	South Hadley	1
0	East Hampton	3
0	East Longmeadow	3
2	South Hadley	0
2	East Longmeadow	1
0	Pittsfield	7

HOCKEY

▲**Varsity:** ***second:*** Asst. coach Dave Haracowicz, Mgrs. Kim Keyes and Jenn Clark, Jim MacAfee, Dan Ferrington, Jaime Dryjowicz, Shawn LeBlanc, John Davis, Mark Matthieu, Pedro Juliano, Mgrs. Maureen McNally and Denise Desrochers, coach Richard Malek. ***First:*** Jeff Robbins, Jason Baker, Mike Nedeau, Rob Martin, Alex Gonçalves, Brian McNally, Nick Cocchi, Bob Walz, Joel Page, Derek Dorval.

◀Jason Baker goes for the goal.

▶There he goes!

▼**Ski team:** ***(Left to Right)*** Jason Heinz, Andy Gatesman, Coach Lonczak, Rick Giverson, Ron Martel, ***(seated)*** Stan Lupa and Tom Moffett. ***Not pictured:*** Marsha Wilczynski and Kim Torreti.

Snow Bunnies!

The Ludlow High School Ski Team had one of its most successful years in the 1989-1990 school year. Two of the team members qualified for the State competition. Ron Martel and Andy Gatesman, who qualified for States, are also two of the most promising future prospects. Ron and Andy finished tenth and fourth, respectively, in their division. Kim Torreti and Marsha Wilczynski skied well in competition considering they are two of the few female skiers in their division. According to Coach Lonczak, Jason Heinz was a very consistent skier and an asset to the team. Rick Giverson, skiing for his second straight year, is also a very promising future prospect. And last but not least are the two senior members of the Ski Team, Tom Moffet and Stan Lupa. Coach Lonczak was very impressed with Stan's performance this year. He compliments Stan's efforts and considers him the most improved, as it was Stan's first year skiing for the team. Coach Lonczak says that Tom Moffet was also much improved. "Tom was skiing the best of his career at the end of the season," Coach Lonczak is quoted as saying. All in all, the members of the Ski Team deserve to be commended for their good season. Look forward to the seasons ahead, which should prove to be successful.

SKIING

▶Here he is!

▼Swoooooosssh!!!!!!

▲Watch out for that pole, Andy!

▲Who put the lights out?

▲**TEAM MEMBERS** — Coach Don Kalish, Mile Crumb, Rich Crumb, Mike Ice, Issac Flores, Jason Guinipero, Wayne Kapinos, Mark Cornacki, Chris Jodlowski, Ron Kraus, Don Marino, John Mikaelian, Jody Moffett, Dan Pivan, Mark Pszeniczny, James Rae, and Pat Rickson

▼Come on Mike Ice, you can pin him!

Squeeze and Pin

This year's team, under the direction of 4th year coach Don Kalish and led by senior co-captains Ron Kraus and Chris Jodlowski, posted a 5-6-record.

Although this is not the team's best record, individual wrestlers proved themselves by placing well in the Agawam Christmas tournament, the West Side Invitational, and the Western Mass tournament.

With the loss of only three seniors: Kraus, Jodlowski, and James Rae, Coach Kalish says he is already looking forward to a strong team next year.

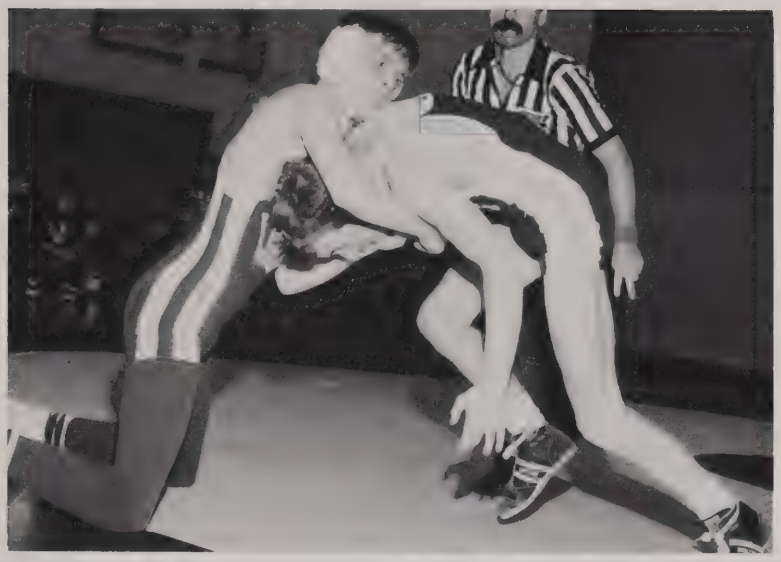
Receiving awards this year were: Mike Ice — Most Improved, Rich Crum — Best First Year Wrestler, Jody Moffe — Coach's Award, Mark Pszeniczny – Most Outstanding.

Also, in the Western Mass Tourn ment the Ludlow High School Wrestlin Team was given the award for the Be Sportsmanship.

WRESTLING

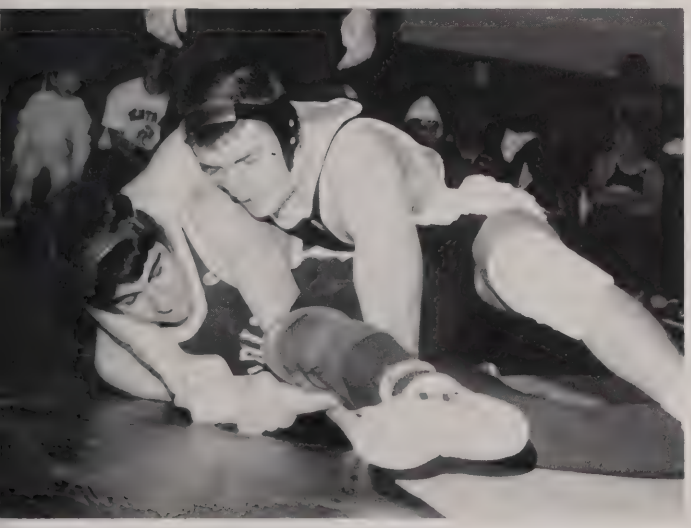
We	Opponent	They
23	Central	48
66	Northampton	6
54	Amherst	27
54	Commerce	21
30	West Springfield	27
7	Agawam	57
21	Putnam	57
46	Athol	18
16	Westfield	45
18	Longmeadow	40
20	Cathedral	66

▼Looks like Mark Pszehiczny wins the match.



▼Issac Flores has him — Down r the Count . . .

Rich Crumb looking mean and asty.



Jody Moffet battles for victory.

▶ **Varsity Team:** ***first row*** — Dan McKinney, Nick Cocchi, Mike Gilrein, Bruce Taylor
second row — Eric Majka, Eric Martin, Tad Tokarz, Jason Dinelle, Wayne Majka
third row — Managers Darlene Rae, Terri Ostrowski, Steve Sambor, Shawn LeBlanc, Brian Regnier, Jon Cavallo, Manager Rebecca Snyder, Coach Leo Casagrande

▼**JV Team:** ***first row*** — Ron Martel, Ken Gagne, Brian Cote
second row — Chris Cavallo, Mike Misaszick, Mike Strycharz, Sergio Mateus, Joe Quieroga
third row — Coach Brian Bylicki, Manager Tami , Andy Boyea, George Mateus, Derek Long, Duane Martin, Managers Lynn Monette and Chrissy Silva

▲The Freshman team

HOME RUN!

"Disappointing" was how Coach Lou Casagrande described the season. Finishing with a 3-17 record, the Varsity Lions tried hard but came up short. Although not a team best, individual players had reason to celebrate.

Junior Steve Sambor led the team with a .405 batting average. Not far behind were seniors Jason Dinelle and Dan McKinney with averages of .375 and .328 respectively. Senior Nick Cocchi kept the team going with his spirit and aggressive playing. To top off the season, McKinney and Dinelle were chosen for the All-League team. McKinney was chosen for outfield and Dinelle for first base.

Coach and players will never forget the game against where Dinelle, senior Mike Gilrein and junior Shawn LeBlanc rallied for three homeruns in the inning. How about the game against West Springfield that seemed as though it would last forever? After three and one-half hours and nine innings, the game was tied at 10-10. The game was then called due to darkness and was finished the next day. Finally in the eleventh, West Springfield scored and that was that.

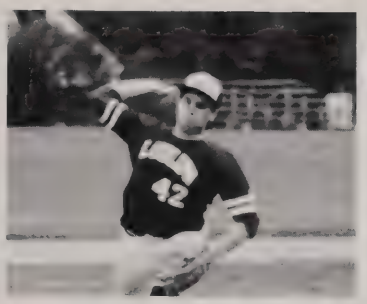
The JV finished with a 6-13-1 record under the coaching of Brian Bylicki. Standing out on the team were Joe Quieroga who had an entire season hitting streak, Andy Boyea, Chris Cavallo, and Mike Strycharz.

The highlight of the season, not to be forgotten soon, was the black bear cub seen wandering around Ludlow High School. The game against South Hadley was cancelled until the area was declared safe.

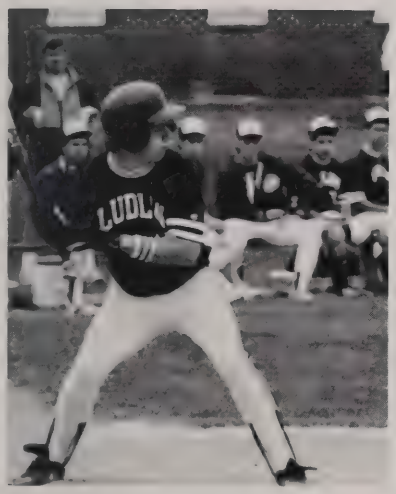
All of this year's players have gained experience. Hopefully, that will allow Ludlow High Baseball to have a superb season next spring.

▼Shawn Leblanc waits for the signal . . .

▼the wind-up . . .



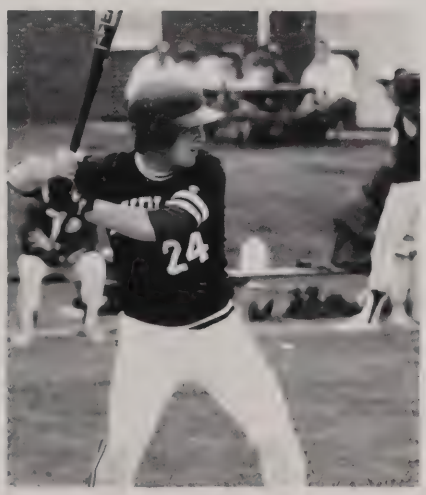
▼the pitch!!!

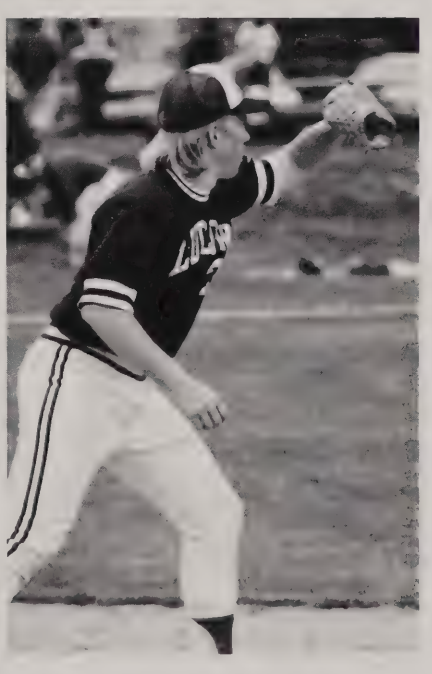


▲▲Dan McKinney in his batting stance.

▲Jon Cavallo slides into first.

▸Slugger Nick Cocchi at bat.





▲Jason Dinelle makes the catch.

▲▲Catcher Mike Gilrein looks for the out.

US	OPPONENT	THEM
6	Palmer	5
7	Palmer	2
1	Agawam	8
4	Chicopee Comp	13
2	Aherst	7
9	Central	3
2	Westfield	12
2	Longmeadow	7
4	Minnechaug	6
0	Cathedral	6
3	Holyoke	5
10	West Springfield	11
3	Chicopee	4
7	South Hadley	2
1	Northampton	5
1	East Longmeadow	3
8	Chicopee	9
4	South Hadley	12
1	Northampton	5
1	East Longmeadow	7

BASEBALL

▼**Team Members:** Pat Rickson, Todd Bertini, Jason Martowski, Mike Serwatka, Coach Larry Holdsworth, Bill Kubinski, Matt Cameron, Mike Nadeau, Brian Lamont

▼Matt Cameron — all twisted up!

▲Coach Larry Holdsworth smiles for the camera.

▲Where is the team going?

HOLE IN ONE

The golf team finished the season with a 6-9 record. Coach Larry Holdsworth felt the team could have done better and that they had lost some very close matches during the season.

Star sophomore, Bill Kubinski, made the Western Massachusetts Championships and finished eleventh.

With the experience gained this year, next year's team is sure to succeed. Players to watch in the future are: Matt Cameron, Bill Kubinski, Jason Martowski, and Brian Lamont.

▼Bill Kubinski in perfect form.

▼▼The swing of Pat Rickson.

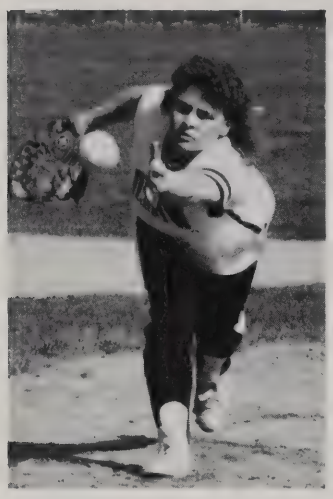
▼Mike Serwatka watches where the ball lands.

▲Jason Martowski ready for the putt.

US	OPPONENT	THEM
7 ½	South Hadley	10 ½
17 ½	Chicopee Comp	½
5	Minnechaug	13
8	Agawam	10
15	Chicopee Comp	3
8 ½	East Longmeadow	9 ½
3	Longmeadow	15
13	Chicopee	5
11	South Hadley	7
8 ½	Minnechaug	9 ½
12 ½	Chicopee	5 ½
7 ½	Agawam	10 ½
4 ½	East Longmeadow	13 ½
14	West Springfield	4

GOLF

▼Luci Saloio tries her luck on the mound.



▼Chrysti Orchulek throws for the out.

▼▼Lori Cennamo catching some rays.

▼**JV:** ***first row*** — Allison Dorval, Diana Hermes, Sonia Sousa ***second row*** — Nancy Kozicki, Carrie Melbourne, Lori Cennamo, Lauren Serwatka, Becky Thompson, Sarah Dudley, Joni Cossabom ***third row*** — Mellisa Otto, Autumn Gonyea, Lisa Rinaldi, Amy Carlson, Sandy Sousa, Amber Ericksberg, Chrissy Cardinal, Manager Nancy Drusell, Coach Nancy Boyle with daughter Katie

Missing — Erin Beebe

▼**Varsity:** ***first row*** — Nicole Jerome, Chrysti Orchulek ***second row*** — Kathy Ciempa, Luci Saloio, Kelly Saloio, Kim Toretti, Ana Pederneira ***third row*** — Coach Len Phelon, Shelley Lawler, Patty Gauthier, Laurie Tyburski, Manager Tanya Harte ***Missing*** — Diana Ruseicki

IT'S A HIT!!!

The Lady Lions season could be called weird, different and even unforgettable. The Varsity Softball Team did not win one game the entire season. A 0-20 record is one the team will never forget.

Coach Phelon believes the team's attitude is one to be proud of. Even in the worst situations, nobody gave up.

Senior Nicole Jerome was the highlight of the season. Hitting at .430, she was chosen for the All-League team. She also hit the only home run of the season.

At the awards picnic, the following awards were given: Nicole Jerome — Most Valuable Player, Shelley Lawler — Coaches Award, and Kathy Ciempa — Most Improved Player.

The JV finished with a 4-16 record. According to Coach Nancy Boyle, the team "came a long way." Allison Dorval finished with a .610 batting average. At the awards picnic, these awards were given: Most Valuable Player — Allison Dorval, Most Improved Player — Sonia Sousa, Most Versatile Player — Amy Carlson (skill to play any position), Coaches Award — Amber Ericksberg, Most Inspirational Player — Chrissy Cardinal (team spirit), and the Unsung Hero Award — Carrie Melbourne.

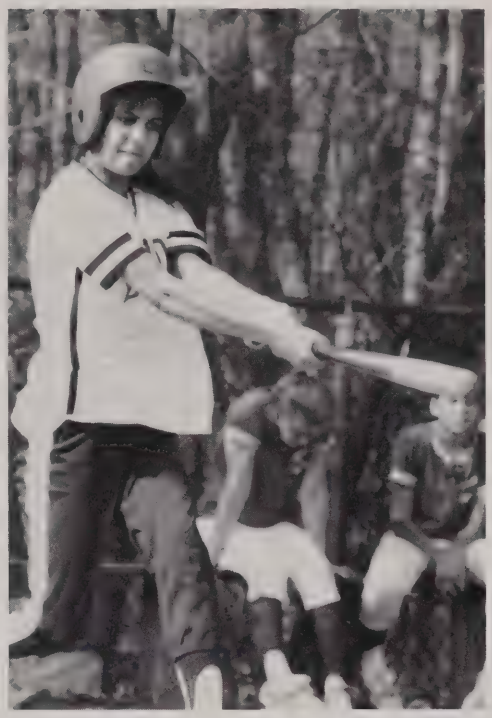
▼▼▼Coach Phelon and Tanya Harte watch and wonder

▼▼Kelly Saloio, was it a hit?

▼JV player Allison Dorval in position to throw.

▼Ana Pederneira and her look of determination swing the bat.

▼▼Can't JV catchers get dressed by themselves?



▲Patty Gauthier swings for the hit!

US	OPPONENT	THEM
7	Cathedral	15
6	Palmer	21
2	Westfield	10
1	West Springfield	30
3	Northampton	10
5	South Hadley	15
5	Agawam	24
1	Longmeadow	15
15	East Longmeadow	17
0	Amherst	17
0	Minnechaug	22
11	Central	13
13	Northampton	14
0	South Hadley	22
7	Agawam	20
0	Longmeadow	7
20	Palmer	26
2	East Longmeadow	13
1	Amherst	18
10	Central	23

SOFTBALL

US	OPPONENT	THEM
2	Holyoke	3
0	Minnechaug	5
2	Westfield	3
2	Agawam	3
2	East Longmeadow	3
5	Palmer	0
4	Chicopee	1
1	Holyoke	4
1	Minnechaug	4
3	Westfield	2
1	Agawam	4
2	East Longmeadow	3
5	Palmer	0

◀Joy Rodrigo in perfect form.

▼**first row** — Joy Rodrigo, Kathy Panek, Aimee.
second row — Kara Kolodziey, Tammy Heinz, Jen Jayma, Meredith Peabody, Carolyn Sheer, Coach Jon Carlin.

▲Tammy Heinz receives the serve.

▲Jen Jayma looks up for the ball.

LOVE

Coach John Carlin and his girls tennis team finished the season with a 5-9 record. Kathy Panek, the only senior on the team, finished with the winning record of 7-5. Panek was chosen for the All-League Team.

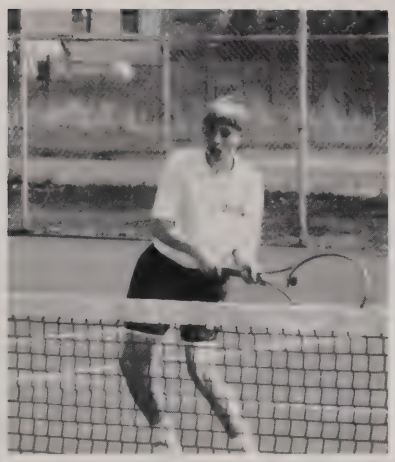
Eleven experienced players will be returning to the team. With all this experience, the Lady Lions are expecting a winning season next spring.

In the future watch the top singles players: Tammy Heinz (7-4) and Joy Rodrigo (8-5). Returning doubles players will be Carolyn Sheer (7-4), Steph Chmura (5-8), and Kara Kolodziey (5-7).

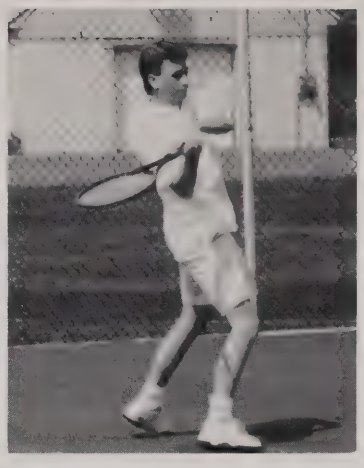
▲Kathy Panek wonders what's going on . . .

▲Carolyn Sheer in action.

▼Pain is on Dan Periera's face.

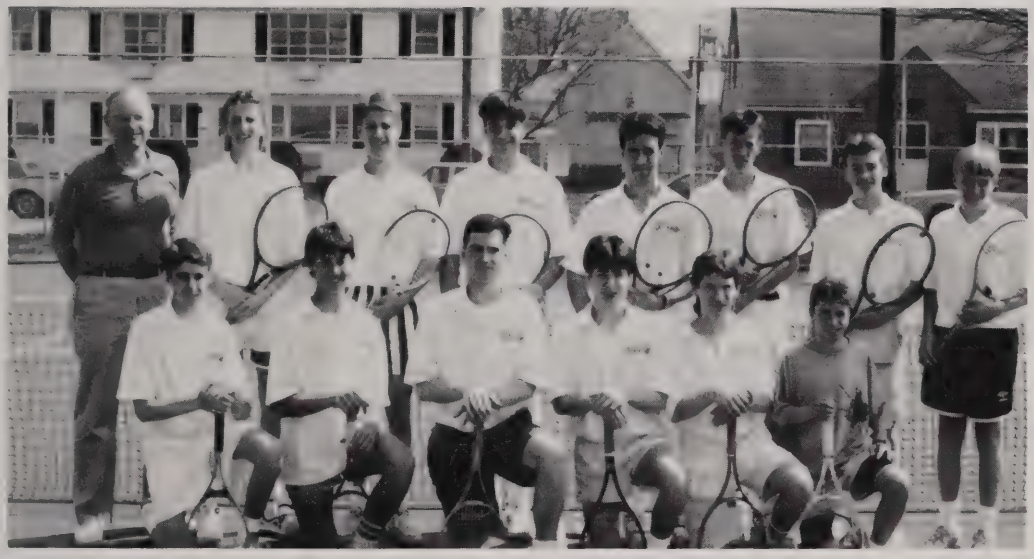


▼Don't fall Jay!



US	OPPONENT	THEM
0	Holyoke	5
5	Minnechaug	0
0	Westfield	5
4	West Springfield	1
4	Agawam	1
4	East Longmeadow	1
5	Chicopee	0
3	West Springfield	2
0	Holyoke	5
3	Minnechaug	2
0	Westfield	5
2	AGAWAM	3
3	Chicopee	2
3	Est Longmeadow	2

▼**first row** — James Fenney, Dan Pollard, James Rae, Keith Sbrescia, Jeff Robbins, Ken Tavares
second row — Coach Kenworthy, Darrin Scheer, David Bamford, Nathan Hudson, Tony Alves, Evan Gaudreau, Jay Gershowitz, Dan Pereira



TENNIS

GAME POINT

▲Senior Keith watches his hit over the net.

Finishing the season with a 9-6 record, the only winning record for spring sports, the boys tennis team is one to watch in the future. Their winning record qualified the team for the Western Massachusetts Championship.

The team, under the direction of Coach Lee Kenworthy, started off the season slow. But with determination, they turned it around and made the season the first winning season in five years.

The highlight of the season was beating the East Longmeadow Spartans, something that has not happened in two years. The winning points of that meet came from the doubles team of sophomore Jay Gershowitz and senior Keith Sbriscia.

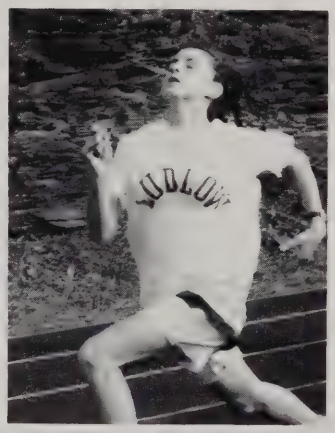
With the return of many young and experienced players, the Lions Tennis Team is looking forward to another excellent season.

▼Debbie Canoa floats over the hurdle.

▲**TEAM MEMBERS** — ***first row:*** Christian Rauh, Kim Williams, Kara Richards ***second row:*** Elizabeth Periera, Kelly Tremble, Dawn Pietrowski, Lisa Czepiel ***third row*** — Jen Holley, Kathy Ziemba, Debbie Canoa, Terri Czepiel, Coach Phil Dalessio ***Missing*** — Jodi Psoter

▶▶Kim Williams goes up and over.

▶Lisa Czepiel sprints to the finish.



READY! SET! GO!

The track team did not perform as expected this year. With the loss of many runners, the team was left with twelve people. Unfortunately twelve runners cannot win a meet.

But, Coach Phil Dalessio has reason to be proud of his girls. Each girl did her best and often came out a winner. Kim Williams and Kathy Ziemba both qualified for the League Championship in the high jump. Joining her teammates was Terri Czepiel, runner of the 220m. Hopefully next year more girls will become interested in running and the team will be what it used to be.

The boys team this year began with seven boys. Due to lack of participation it was cut. But star runner Ron Kraus didn't want to stop running, so he ran with the girls team. Maybe it helped him because Kraus qualified for the League Championship in both the one mile and the 440m. Finishing third in the mile and first in the 440 qualified Kraus for the Western Massachusetts Championship. There he placed fourth in the 440 in Division 1.

▼▼Dawn Pietrowski takes the lead.

▼It's Hercules! No, it's Kelly Tremble.

▼Coach Dalessio encourages Kim and Kathy.

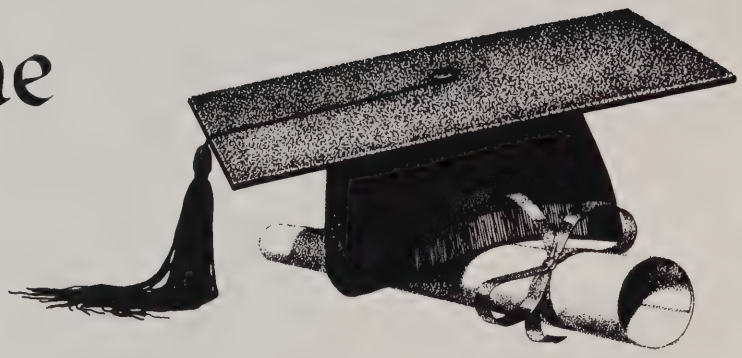
▼▼New dance Jen Holley?

▲Up, Up, and first place for Kathy Ziemba.

US	OPPONENT	THEM
24½	South Hadley	100½
72	Holyoke	64
78	Holyoke	68
19	Southwick	117
16	East Longmeadow	120
32	Palmer	94
36	Palmer	86
18	South Hadley	113

TRACK

1990 The Year of the



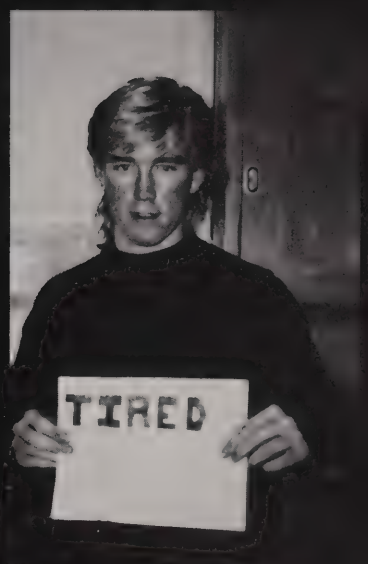
Seniors

Bartlett Piper shows his class.

Cindy Charron and Greg Metayer have had many happy memories together.

These senior girls show their class projects.

Jason Dinelle and several other students were tired of the quality of the school food.



Dinis Jablonski and Pete Martins attentively pay attention in class.

CLASS OF 1990 SENIOR BALLOT

Class Athletes
Nick Cocchi and Sue Conniff

Class Artists
Stan Lupa and Karen Pinsonnault

Class Couple
Stan Lupa and Sue Midura

Class Musicians
Kevin Cislak and Maria Pereira

Teachers' Trials
Sean Ferrigan and Renee Michalczyk

Class Flirts
Mark Chevalier and Kristen Boates

Most Likely to Succeed
Jason Hoeppner and Lisa Wilczynski

Most Involved
Jason Hoeppner and Melissa Silva

CLASS OF 1990 SENIOR BALLOT

Most Studious
Steven Silva and Nayoung Kim

Class Inseparables
Ron Kraus and Chris Jodlowski
Sue Pendexter and Kim Williams

Best Dressed
Chau Nguyen and Kim Vigneault

Class Clowns
Fred Santos and Renee Michalczyk

Most Talkative
Fred Santos and Rachel Field

Nicest Smile
Mike Nedeau and Kim Vigneault

Nicest Hair
Mike Nedeau and Tricia Keough

Class Laugh
Leon Giard and Tricia Keough

CLASS OF 1990 SENIOR BALLOT

Nicest Eyes
Mike Nedeau and Mandy Talbot

Class Individual
Sean Ferrigan

Teachers' Pets
Jason Hoeppner and Laura Frates

Messiest Lockers
Paul Dzierwinski and Beth Tyburski

Cleanest Lockers
Mark Marceau and Kathy Panek

Most Organized
Brian Croteau and Jennifer Kavka

Class Actors
Tom Burke and Maura Snyder

Class Song
"Time to Remember," by Billy Joel

Favorite Teachers
Mr. Holdsworth and Mrs. Kavka

Most Gullible
Chris Garrity and Mandy Talbot

Class Rebels
Sean Ferrigan and Jen Forest

Shyest
Steven Silva and Nayoung Kim

Class Optimists
Alan Vautrain and Melissa Silva

Class Pessimists
Matt Hill and Isabel Quiterio

Changed the Most
Dinis Jablonski and Laurie DaSilva

Most Disorganized
Real Fortin and Sue Sebastio

Class Hangout
McDonalds

Senior Candids

Sio Sryk!

Four Days in Montreal and Quebec

The early morning of April 16 brought seventy sleepy seniors to the high school where they boarded the bus to Montreal. After the customs officials agreed to let Katia into their country, the bus headed to Montreal to the fancy Holiday Inn. Several seniors toured the city until curfew and others hung around the hotel. One of the highlights in Montreal was the baseball game between the Montreal Expos and the Philadelphia Phillies. The second day, the seniors were dropped off at a large mall to do some shopping. After shopping, the bus headed for Quebec.

When the bus arrived at their motel in Quebec, the seniors were surprised to see that they were miles from civlization, but that their rooms opened onto the street. They ate at several different restaurants, including one place that served crepes that were enjoyed by only a handful of people. France, the tour guide, gave them a tour through the city of Quebec and introduced them to bonhommes. Some of the highlights in Quebec were the city, the shops, and the restaurants. On the way home, they stopped at Monteray Falls and the bread baking ovens. The seniors seemed to have a blast on their last trip together.

▲The inseparables and Josh touring the town.

▲No comment

▲▲The entire group in front of the Falls.

▼Katia and Cheryl ready for the game.

▼Several students rode the Funicular instead of walking up three or more flights of stairs.

▲The girls wait for the ferry ride to end.

▲▲Tricia hugs her bear.

▼Don't worry guys, it's only a ferry boat ride.

▲"Where's the cross we're supposed to see?"

▲Waiting patiently for dessert.

▼A bunch of fans at the baseball game.

▲More fans at the baseball game.

▲▲After-dinner dudes

▲Old Quebec City

▲▲Some of the shops in Quebec City.

Senior Banquet

The Class of 1990 held their annual banquet at the Colosseum in West Springfield on May 30. 135 seniors attended along with Mr. Cavallo, Mr. Andreis, Mr. and Mrs. Kavka, and Mr. and Mrs. Marceau. Tony Rosa provided the music that kept the seniors dancing almost all night until they were practically kicked out because they stayed until 11:30 instead of 11:00. The seniors and even the advisors tried to do the dance learned at High Meadow — the slide. Since this was the last event besides graduation that the class would be together, friends and even new friends made that night made promises of dances and future meetings. Kevin Cislak and Jason Dinelle performed a rap and Dinis, Fred, Nick, and Pete did their song. Everyone who attended had a great time.

▼Brian and Jen — when they're not working on the yearbook!

▲Josh, Melissa, and Lisa enjoying the night

▲Greg and Cindy together at their senior banquet

▶Diane and Kim — friends forever!

▼Future Rockettes

▼Jen Forest smiles at the banquet

▲One big happy group

▲Kim Keys poses for a picture

▲▲Look at those girls get down!

Mystery Trip to High Meadow

The seniors went on their annual mystery trip to High Meadow in Connecticut. Of course several of them thought they were going to Riverside or some of them knew all along that they were going to High Meadow. Three buses transported the students and chaperones to the destination. When they arrived, they could play volleyball, tennis, basketball, badminton, ping-pong, shuffleboard, swim in the giant pool, eat the nachos and clam chowder and doughnuts and other foods they had available during the day, dance to the D.J., or just hang around.

It rained the entire day but that didn't stop them from staying outside. Some rode horses and some played on the playground. Tammy Viera opted to ride in an ambulance when she fell dancing and broke her ankle. All in all, the seniors had a great time despite the rain, especially when Joe's Boys won the lip synch contest with their song.

▲These guys pose for their picture

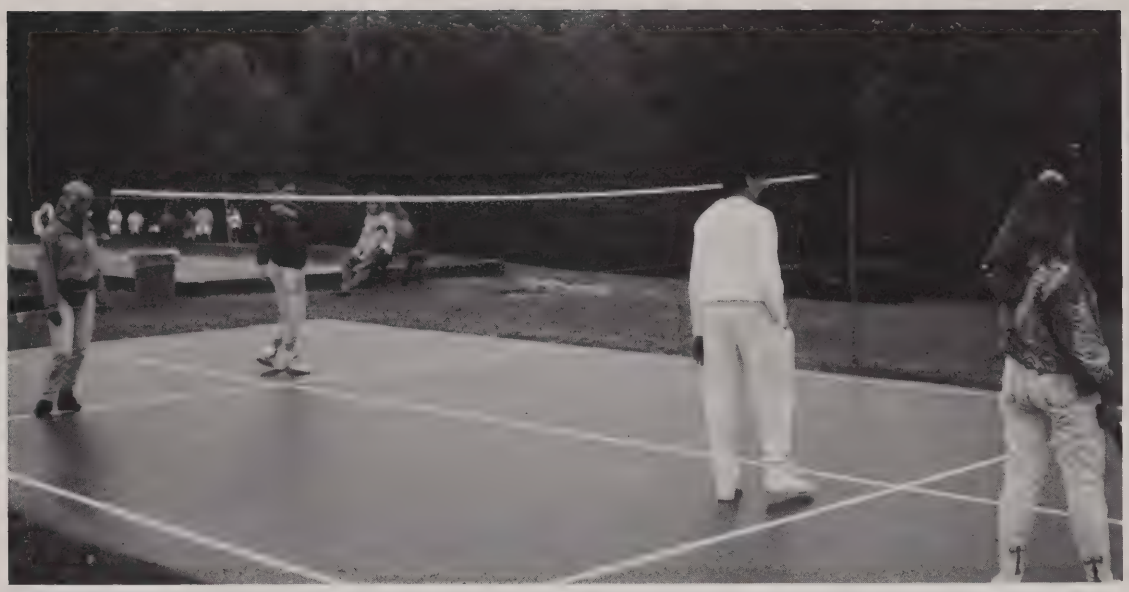
▲▲These guys ignore the picture and keep on eating.

▲Sue Pendexter loves those nachos!

▲▲Just having a good time

▼Playing Badminton

▼Just finished the fourth course



▲Dorothy digs the playground

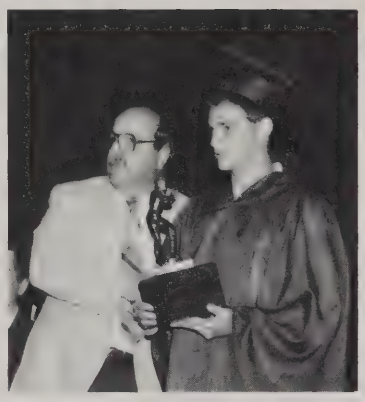
▲Sneaking away with some food

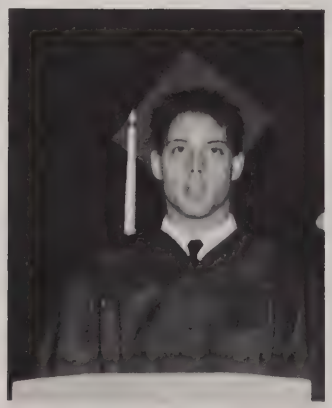
▲Tony and Joe eating the afternoon away

▲▲Dancing the afternoon away

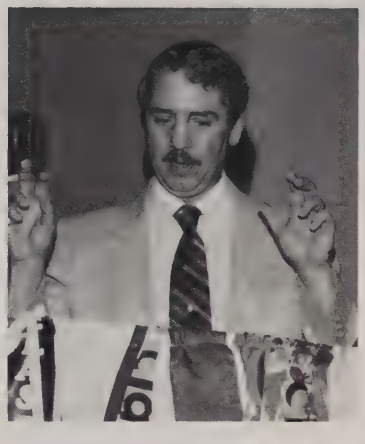
▲▲Mike, Mike, and Fred check out the dance floor.

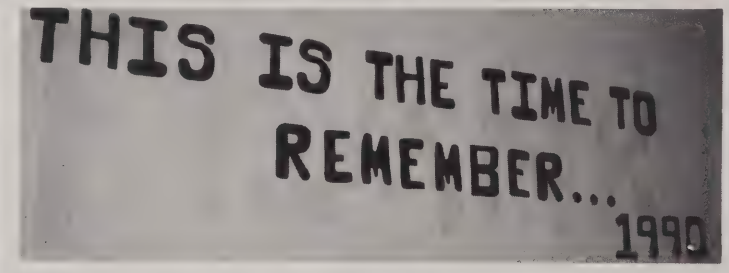
Class Day May 30, 1990



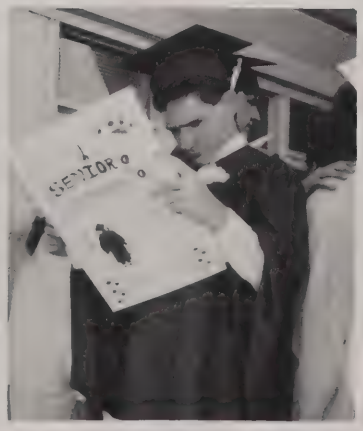


Senior Assembly May 31, 1990




THIS IS THE TIME TO
REMEMBER...
1990

A TIME TO REMEMBER


SENIOR

▼Sean — the class individual.

▼What's in the bottle Kim?

▼Stand back Mrs. Kavka, it's going to explode!

▲Good morning Senora.

▲▲What are you doing, Alex? This is a government quiz!

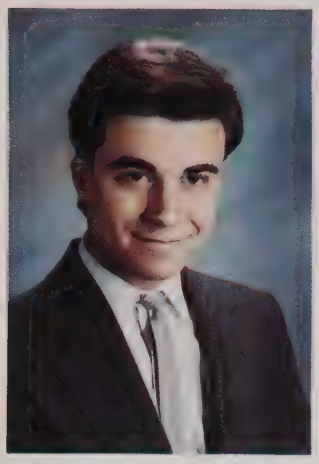
▲Just a morning stroll, right Brian?

▲▲Two turtle doves. . .

▲What an actress. . .

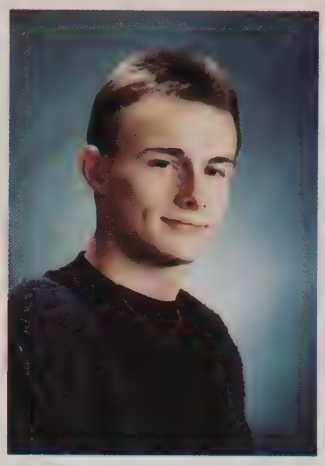
▲▲So much for Porky!

Christine Abeid



Antonio Alves

Mark Augusto



Jason Baker

Kimberly Bal

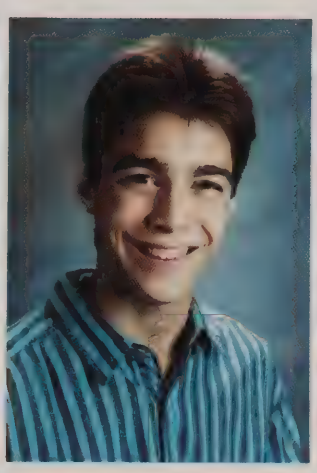
Christopher Banas

Ana Batista

Joshua Baxter

Jason Beaulieu

Deborah A. Beebe



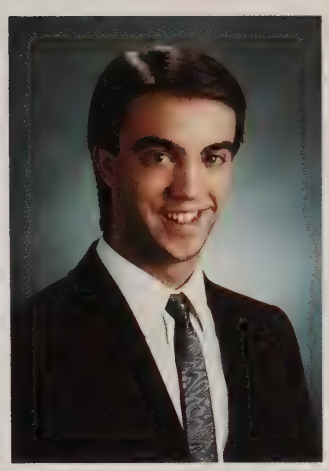
Tod Bertini

Lisa Bilodeau

Kristen Boates

Maria Borges

Bruce Brissette



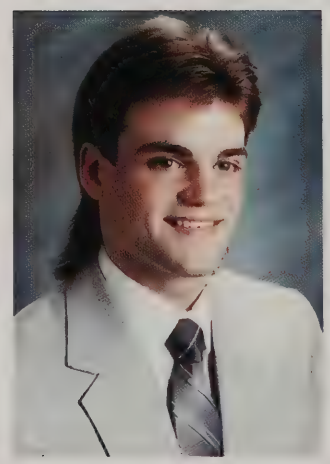
Thomas J. Burke

Scott Cabral

Zelia Carvalho

Cheryl Cennamo

Cynthia L. Charron



Mark Chevalier

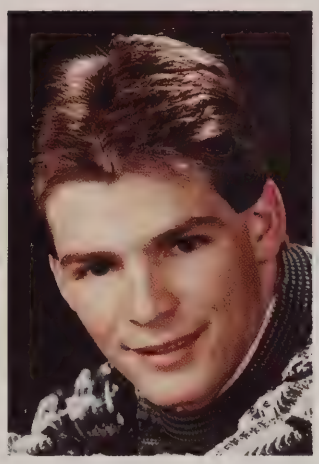
John Chilcote

Natalie A. Cieplik

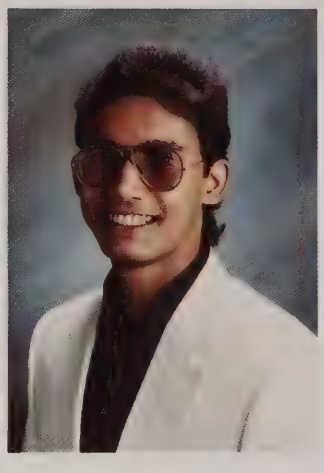
Kevin Cislak

Jennifer Clark

Brian Clini



Nicholas Cocchi



Thomas Coipurathu

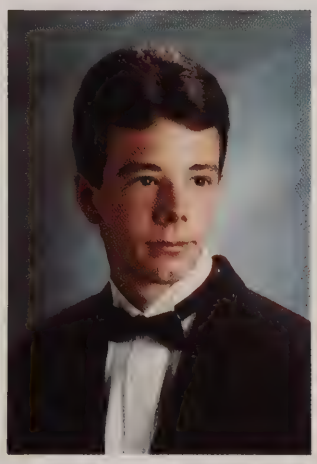
Jennifer Collins

Jennifer Condon

Brian Connaughton

Susan Conniff

Jennifer Costa



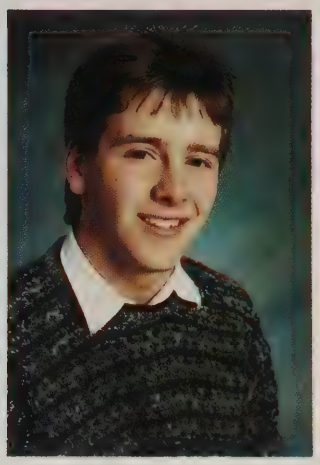
Brian Croteau

Carol Cusson

Lisa DaCruz

Laurie DaSilva

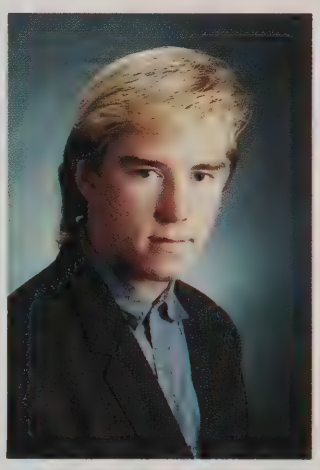
Jennifer Davis



John Davis

Denise Desrochers

Carlos Dias



Jason T. Dinelle

David Drozdowski

Jaime Dryjowicz

Dorothy Dynak

Paul T. Dzierwinski

David Edelman

Scott Evans

Maria Natalia Faustino

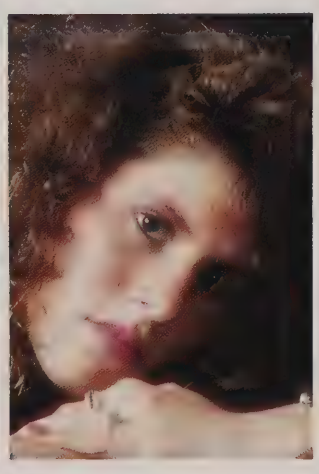
Rebecca Faye

Jason Felton

Maria Fernandes

Mario Ferrero

Sean Ferrigan



Rachel Field

Carl Fontaine

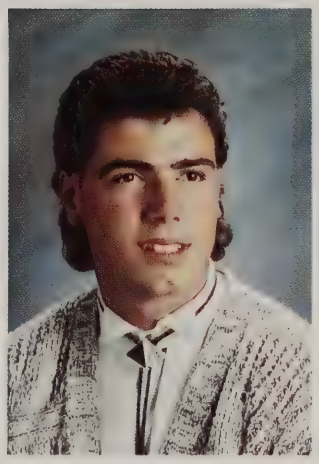
Paul Fontoura

Real Fortin

Teresa Fraga

Nancy Fragoso

Laura Frates



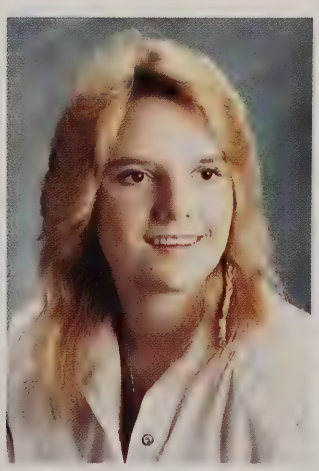
Alfredo Freitas

Steven Gamache

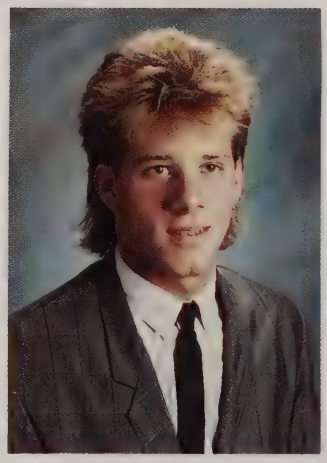
Christopher Garrity

Matthew Garrity

Ethan Gaumond

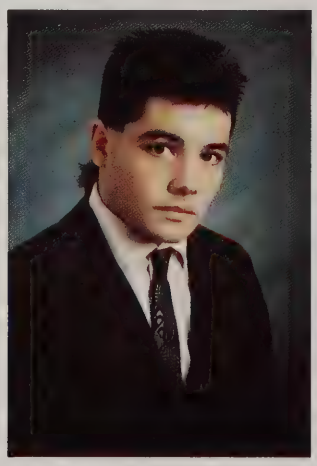


Jennifer Ghazil



Rocco Gianni

Leon Giard III

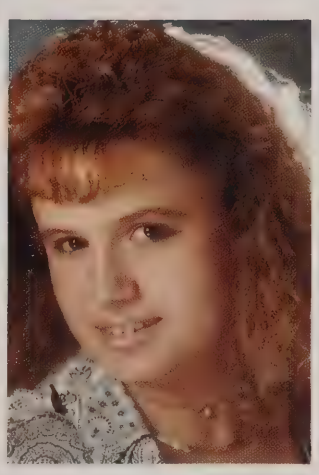


Michael Gilrein

Terry Gomes

Alex Concalves

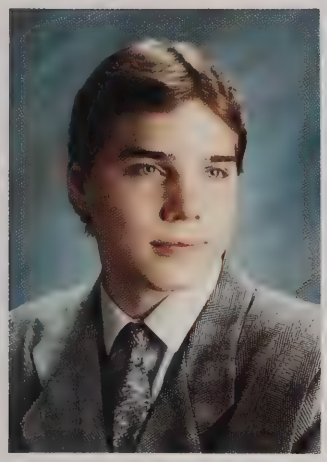
Isabel Goncalves



Natalie Goncalves

John Guerreiro

Jennifer Haluch

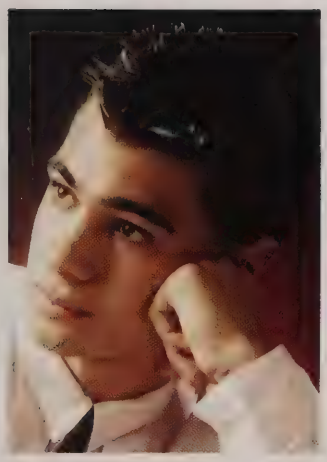


Thomas Haryasz

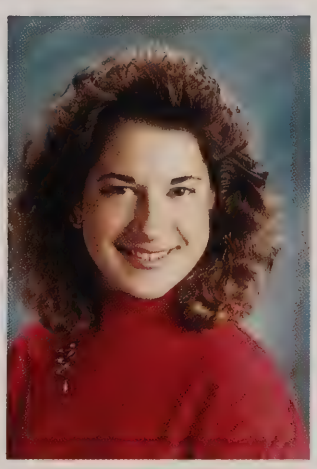
Matthew Hill

Jason Hoeppner

Scott Howe

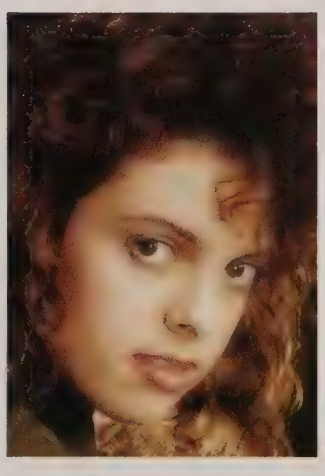


Dinis Jablonski

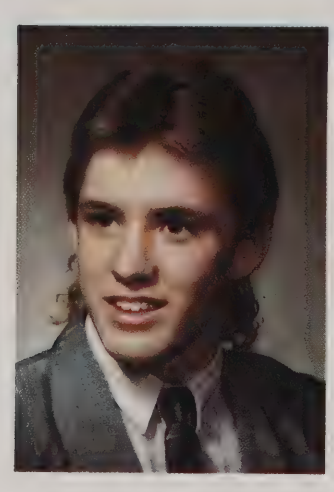


Jacqueline Jamroz

Nicole Jerome



Diane Joao



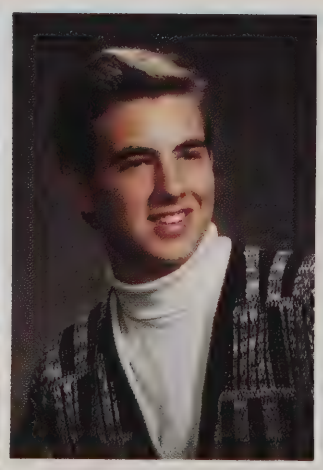
Chris Jodlowski

Jennifer Kavka

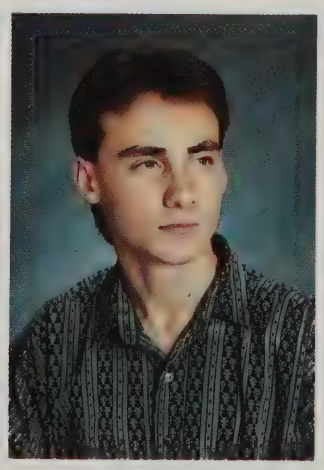
Patricia E. Keough

Kimberly B. Keys

Nayoung Kim

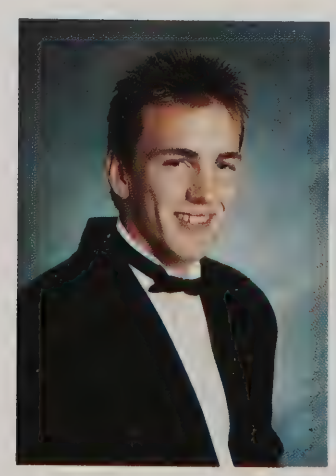


Jefferey Koss



Joseph Kozaczka

Michael Kozicki



Ronald Kraus

Pamela Krzyzek

Lisa Lanou

Nicole Lecompte

Wendy Lenois

Lisa M. Lincourt

Shane Loiselle

Stanley Lupa

Katia Maalouli

Brian MacNeil

Heather Manchester

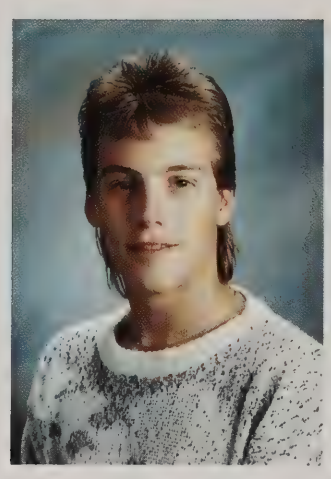
Kenneth Marby

Mark Marceau

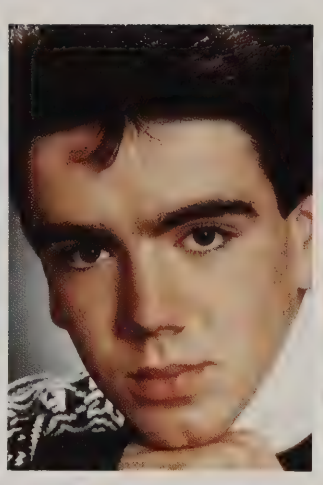
Karl Marosits

Eric Martin

Lori Martin

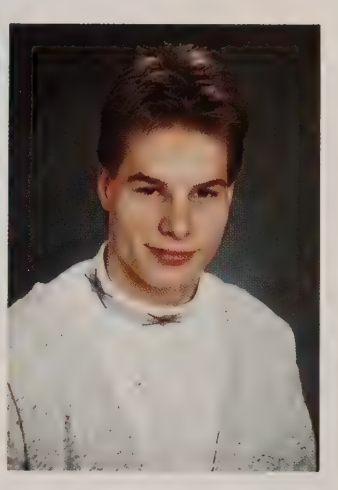


Rob Martin



Pedro Martins

Tricia Martins



James McAfee

Sean McBride

Thomas McDonald

Daniel McKenney

Edward McKenney

Brian McNally

Lin Mei

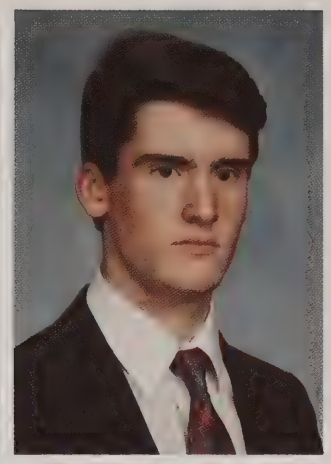
Robert Melling

Gregory A. Metayer

Renee Michalczyk

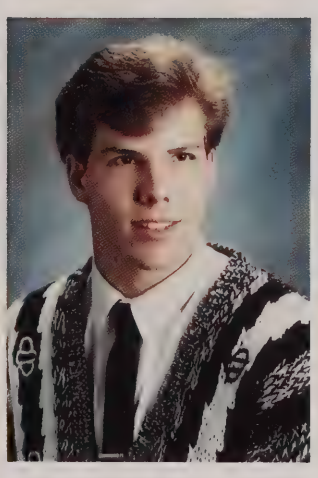
Suzanne Midura

Thomas Moffett



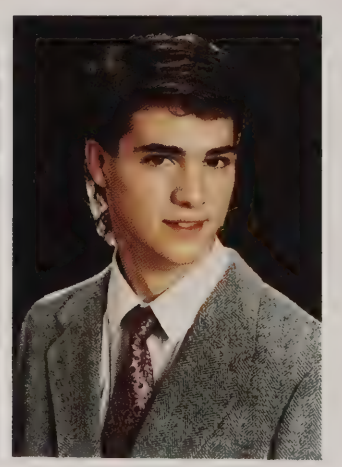
Craig Molway

Michelle Monette



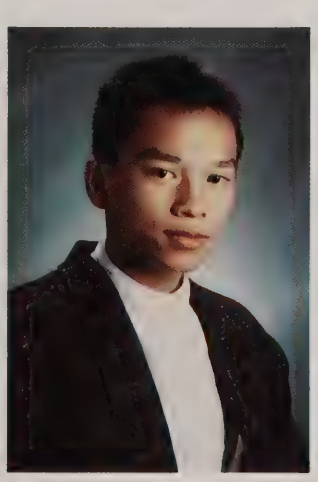
Kevin Moquin

Lucy Muche



Michael Nadeau

Didier Newby



Chau Nguyen

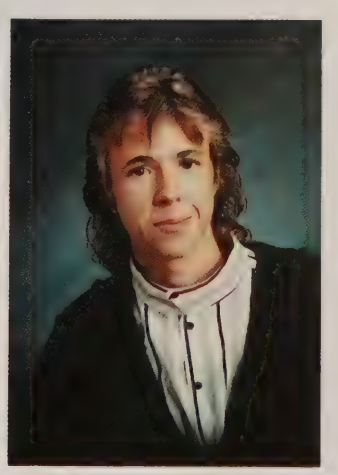
Dianne Nogueira

Joseph Nowak

Chrysti Orchulek

Christopher Paliki

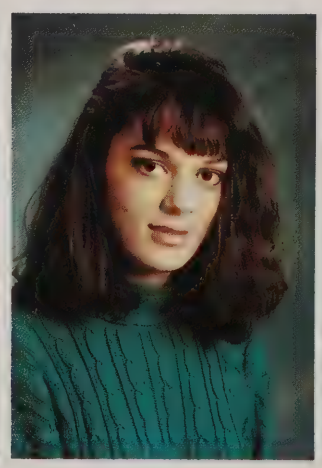
Kathleen Panek



Jeffrey Peabody

Michelle Pelletier

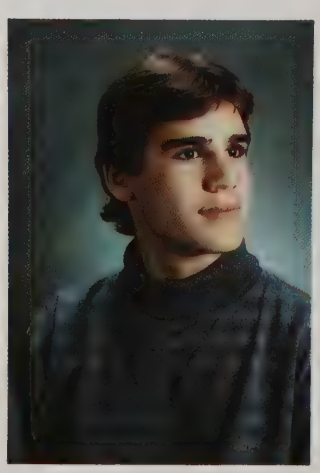
Susanne M. Pendexter



Maria Fa Pereira

David Pickens

Karen Pinsonnault



Christopher Pivin

Duane Provost

John Pszeniczny

Pamela Queiroga

Isabel Quiterio

James Rae

Jeanne F. Ramalho

Christine Y. Rauh

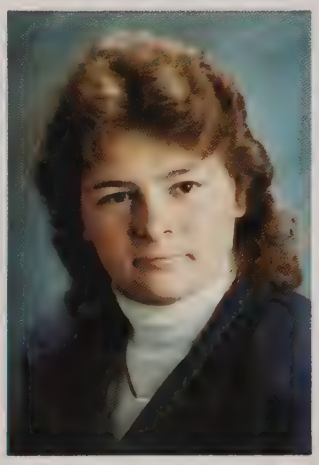
Jamie Reynolds

Kara Richards

Grafilo Rodrigues

Nuno Rodrigues

Kelly Saloio



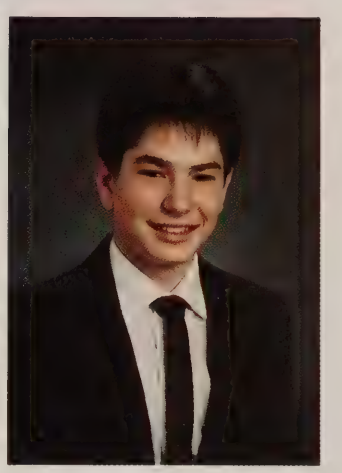
Luciann Saloio

Joe Salvador

Michael Sands

Christina Santos

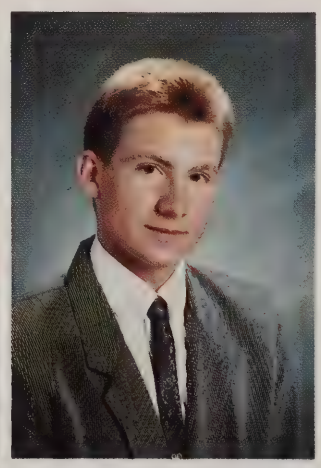
Fred Santos



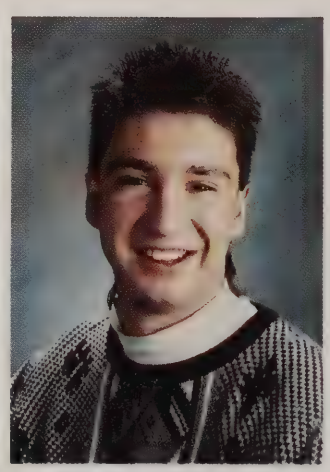
Keith Sbriscia

Michelle A. Schutt

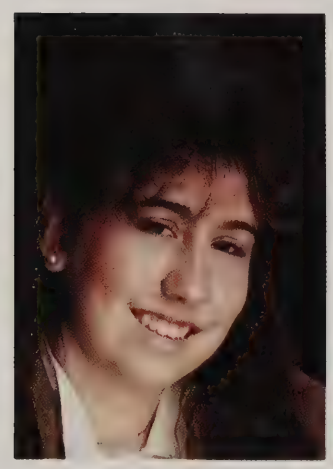
Susana Sebastiao



Michael Serwatka



Derek Shute



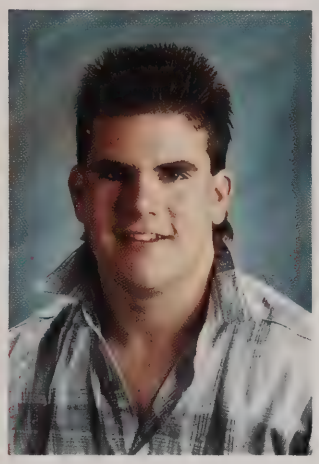
Melissa Silva

Elizabeth Skora

Kimberly Smith

Maura-Jo Snyder

Tamara Soares

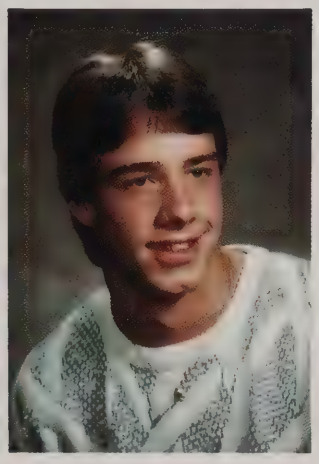


Daniel Starzyk

Jill Stewart

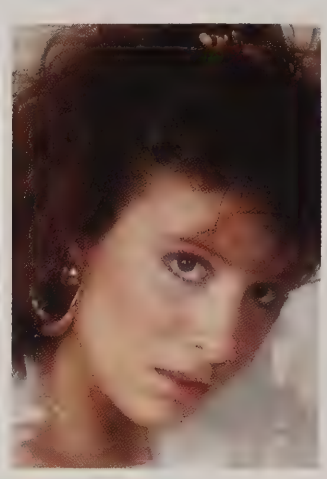
Karla Szarlan

Mandy Talbot



Bruce Taylor

Chris Truchan



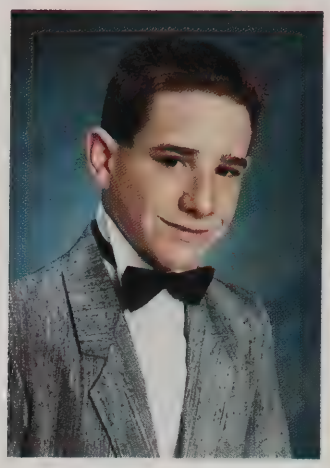
Elizabeth Tyburski

Kathleen Tyrell

Alan Vautrain

Joseph Vigneault

Kimberly Vigneault



Robert Walz

Lisa Wilczynski

Kimberly Williams

Robert Yelle III

Laura M. Zima

Ted Zwinski

Seniors Not Photographed

Laura Colon
Diane Halama
Lynn Kawalec
Karen Klimek
Jeffrey Murphy
Tony Oliveira
Bartlett Piper
Daniel Ramos
Diogo Ribeiro
Michael Richard
Steven Silva
James Theriault
Tammy Vieira
Richard Zaldivar, Jr.

▼Rocco and Mike guard the hall.

▼What are you doing in there Scott?

▲Jen and Kristin — lab partners forever!

▲Pete shows Dinis and Jason what he ate for lunch.

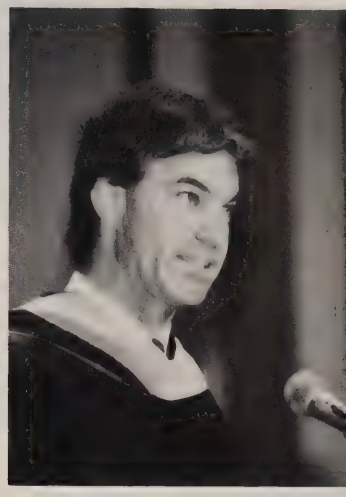
▲▲Karen, Diane, Jen, and Jackie work on the *Valedictory*.

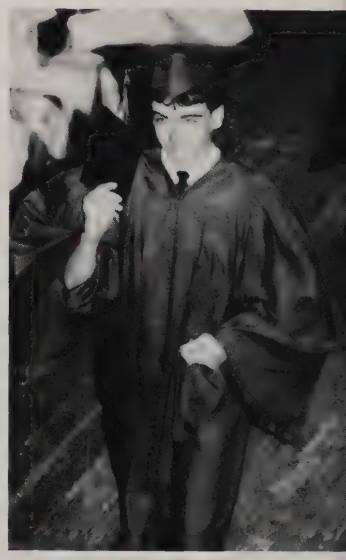
▲Jim and Bob won't let anyone enter room 304.

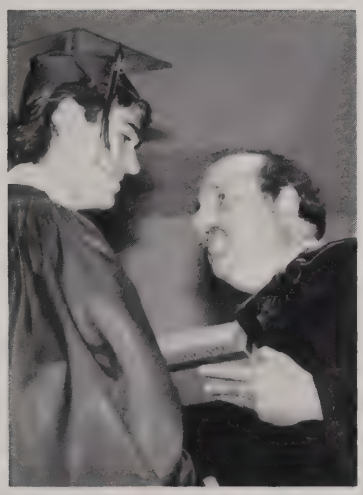
▲▲Liz is saying, "Yeah, I can beat those seniors!"

SAF
ORIDA

Graduation





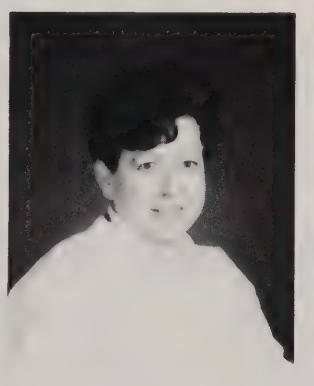


Lower Pioneer Valley Educational Collaborative

Instructors

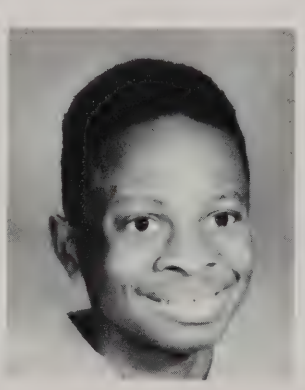
J. Ayers
S. Mavoudhis
Sommer

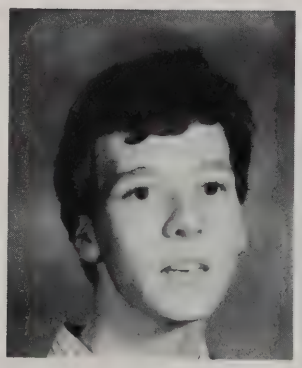
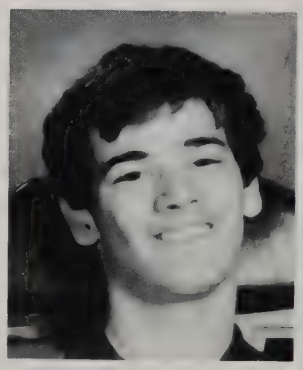
B. Henry
C. Connors
J. Walker



Students

Jon Torres
Terry Smith
Steven Dematos
Lisa Bretta
Michael Montesi
Steven Kennedy
Lynn Ann Otto



For Every Sunset

Karen Jean Pinsonnault

Walking through the empty halls.
Laughter echoes in our ears.
Beyond our backs, the curtain falls
As we dream of future years.

Through our years at Ludlow High
We have made so many friends:
We don't want to say goodbye.
But the laughter has to end.

Looking back on time gone by
Forms a teardrop in our eyes:
But we know we must go on.
For every sunset has a dawn.

Our dreams are floating on a cloud.
Our memories fade with the wind:
But we are here, and must face now
The challenge we are to begin.

I wish to all my friends, the best:
And that we may never part.
I wish good luck to all the rest:
You'll always be within my heart.

The Yearbook Staff

Front row: Denise Desroches, Brian Croteau, Kim Keys, Terri Ostrowski Junior Co-Editor, Jennifer Kavka Editor-in-Chief, Melissa Silva, Christina Santos, Nancy Drussel
Second row: Jason Hoeppner, Kristin Lamas, Laura Frates, Jody Psoter, Nayoung Kim, Dorothy Dynak, Kerri Mathison
Third row: Rebecca Snyder, Jeanne Ramalho, Christine Rauh, Cheryl Cenamo, Cindy Charron, Laurie DaSilva, Diane Joao, Terri Czepiel, Sue Podsadowski, Brenda Goncalves, Josh Baxter

▶Art Editor — Craig Molway

A special thank you to all these people who greatly contributed their time to make this yearbook special:

Editor-in-Chief: Jennifer Kavka
Advisor: Mrs. Rosemary Richards
Herff Jones Representative: Claire Sygiel
Junior Editor: Terri Ostrowski
Greniers Photographers
Ads Editor: Brian Croteau
Ads Staff: Denise Desrochers, Kara Richards, Josh Baxter, Ken Marby, and anyone else who helped with the ads
Sports Editors: Jody Psoter and Jason Hoeppner
Sports Staff: Kristin Lamas, Jeanne Ramalho, Ken Marby, Terri Czepiel, Laura Frates, Ron Kraus, Josh Baxter, Christine Rauh, Melissa Silva, Tom McDonald, Darlen Rae, Andrew Gallo
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Art Editor: Craig Molway
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Underclassmen Editors: Brenda Goncalves, Kerri Mathison
Underclassmen Staff: Sue Podsadowski, Tom McDonald, Christine Rauh, Melissa Silva
Copy Editors: Sue Podsadowski and Diane Joao
Copy Staff: Terri Czepiel
Photography: Rebecca Snyder, Nayoung Kim, Maura Snyder, Jeanne Ramalho
Organizations Editors: Kim Keys and Nancy Drussell
Business Manager: Laura Frates
All-around staff: Cindy Charron, Shelley Lawler, Dorothy Dynak

▲Sports Editor — Jason Hoeppner

▲Ads Editor — Brian Croteau

Sports Editor — Jodi Psoter

The Year of the Lion

Jennifer Kavka
Editor-in-chief

I am finally at the end of the yearbook. All the other pages are already turned in and I have just this one left to do. For four years I worked on the yearbook staff. During this time I had the chance to meet almost everybody, either through pictures or person. I see all the changes we have made as I look through the pictures in the white box full of old pictures that have been saved for four years. I am happy to say that this year's book is different. This is an everybody book, not just a popularity contest where certin people get a huge picture of themselves for all of us to see. I tried to get everyone in as much as I had space. As you can see, there are several candid pages and collages. This is everybody's yearbook so everybody should be in it. I did not get through this alone as I had several people helping me. So to say, we had several blocks along the way but we always set up a detour.

The staff and I worked hard to pick the name of this book. We wanted contemporary but not corny. We wanted something that would stand out from all other years. A few people commented on the title that in China it's the year of the snake or something else. That didn't matter because this is not their yearbook. It is ours to keep with us forever. It is our year — The Year of the Lion.

A Message From the Advisor

The pages of the yearbook of the class of 1990 are a permanent record of their achievements in academics, athletics, and social events. Putting everything down on paper in a creative, professional manner could have been an overwhelming task if not for the knowledgeable, dedicated talents of Jennifer Kavka and her staff.

Thanks to all of you who put in your time and energy to make — 1990 The Year of the Lion — a lasting account of your accomplishment at Ludlow High School.

My special thanks to Claire Sygiel who helped me so much in my first year as an advisor.

Thanks also to Grenier's Studio and of course to Herff Jones.

To the Senior class of 1990 I wish you my best in whatever your endeavors might be.

Rosemary Richards
Yearbook Advisor

COMIC RELIEF '90
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CRITICS HAVE MADE 'DICK TRACY' THE BEST REVIEWED FILM OF THE YEAR!

Recycling:
The momentum grows

An Outbreak of Bigotry

Mandela

Chunks of satellite due to fall on Earth

Homicides are No. 2 killer of U.S. young

Cathedral booter

Countdown begins for shuttle Atlantis

A War on Poverty

Greta Garbo: 1905-1990

Sammy Davis Jr.: 1925-1990

Jim Henson: 1936-1990

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Unbeaten earns 3-0

The increasing cost of college

March for the Animals

McDonald's goal puts Ludlow in final

15,000 protest education cuts

A Boston Theft Reflects The Art World's Turmoil

Germans make desperate bids for freedom

eye Ludlow for big game

House bars flag burning

NEW HIGH SCHOOL SPORTS FIELD?

TOM CRUISE

Earth Day '90

Dukakis' savings proposal

Ludlow jail site favored

udlow
ctory

etermined Ludlow
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TO THE GRADUATING SENIORS — GOOD LUCK IN THE FUTURE

We the members of the Patrolman's Union, Salute these fine young men and women.

William A. Koss — President
Robert Rodriques — Vice-President
James R. Nowakowski — Secretary/Treasurer

Basil Crandell
James Bragga
Omer J. Picard
Edward O'Neil
Arthur Chapman
Lawrence Doughty
Roger Beauregard
James E. Lake

Paul Madera
Frank Nowak
Michael Copeland
Dennis Fernandes
Eugene Winkler
Mark Witowski
David White
Mark Mendes
Thomas Foye
Joseph Metcalfe
Dennis Creamer

Ludlow Police Local #374

MESSAGE from ATTORNEY JOAQUIM F. SILVA

To the graduates of the Class of 1990, congratulations you have reached your first milestone in a long journey. I am sure it has been a very exciting year for all of you, that will be embedding in your memory for a long time. As you leave Ludlow High School, you will embark on a new phase of your life for which you have so diligently prepared for at Ludlow High School. It will, I am sure, not be an easy road, but with determination, confidence, perseverance, faith in the principals of the founding fathers, you will succeed. Remember in whatever endeavor you aspire to, do it with best you have, and you will have succeeded, for success is what you believe to have achieved.

Best of luck in the future — For you are the future.

Ludlow Savings Bank

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AND BEST WISHES TO

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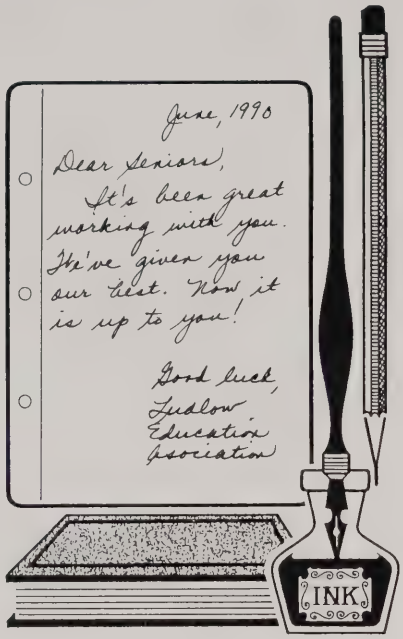

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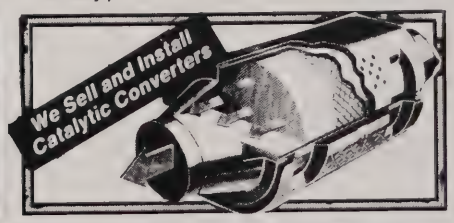

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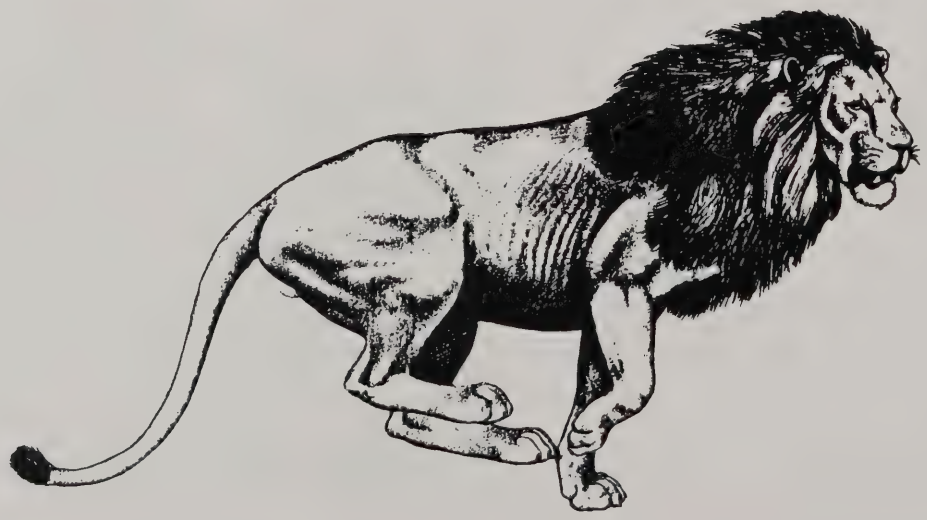

feet — quick
mind — sharp
smile — brilliant
golden — heart
personality — charming
loyalty — alarming

Son, we sure hope they're ready.
Look out world here's DAN McKENNEY!
Much Love
Mom & Dad

CONGRATULATIONS

To Cindy Charron,

You have made it so easy for us to be proud and happy to have a daughter like you.
Thank You.
We Love You,
Mom and Dad

Karla Ann . . .

Congratulations to a super and dedicated member of our office team.

We will all miss you!

Best wishes to you and the Class of 1990!

Drs. Szarlan, Wegiel and Root, and staff
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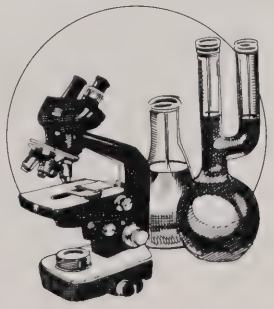
Ludlow MA 01056
telephone: 583-6574



To Kara Richards,
You've worked hard the last four years and made us proud of your accomplishments. We know you'll do equally as well at college and go with our best wishes.
Love,
Mom, Dad, and Pam

To Jennifer Kavka
You've grown and changed in the last 12 years — but you will always be our little "Jenny May"

With *love* and best wishes for a happy and successful life. Love, Dad, Mom & Kev

Congratulations Brian Croteau! Best wishes for the future, Love Dad.

Lisa Lincourt, We're really proud of you, and we're going to miss you when you're at college. Love Mom, Sam, and Scott.

Brian Croteau — Congratulations! Continue your success. We are very proud of you. All our love, Grandma & Grandpa.

Keith Sbriscia --THE BEST
Love Mom, Dad, Kevin, and Shirley.

Susan Conniff — Thank you for being you! Love Mom & Dad.

Gregory Metayer: May the Lord continue to bless you and make his face shine upon you; you're special and we're proud of you. We Love you, Mom & Dad.

Cindy Charron: You're special to us and we love you, may God bless you and keep you! Love, Mom & Dad Metayer.

Dear Cindy Charron, From this point on no one knows where the wheel will stop. You have our love and support. Your brothers — Mark & Mike.

Nick Cocchi: We have noticed your hard work and we are proud. Love Mom & Dad.

Congratulations Kim Keys and good luck class of 1990! Love Mom, Dad, and Mandie.

Josh Baxter, May the wind be at your back and the road rise up to meet you. We love you. Great job! Mom & Dad.

Denise Desrochers, We are very proud of you. Best of luck in the future. Love Mom & Dad.

Jason Hoeppner — You've made us very proud. Our Love and God's blessings will be with you forever. Good Luck! Love Mom & Dad.

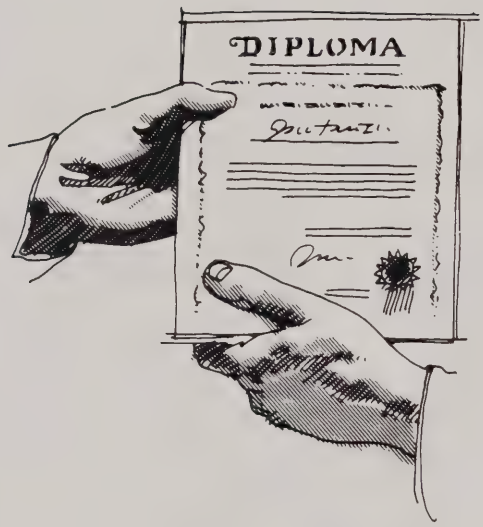
Natalie Cieplik, If you should stumble and fall on your way to the top, remember our love is there to fall on. Love Mom & Dad.

Jason Dinelle — You've got what it takes to be someone important. Go for it! Love Mom, Dad, Joshua & Jennifer.

Michael Gilrein — Good luck in the future and happiness always. Love, Dad & Mom.

Paul Dzierwinski, stay as warm and caring as you are. Measure your success in your heart — not in the eyes of others. Love Mom & Dad.

Tom McDonald: Congratulations on your achievements and good luck for the future — Love Mom & Dad.



Congratulations Cheryl Cennamo! Love Mom, Dad, and Lori.

Kevin Cislak — We are very proud of you and love you very much! Love Mom & Dad.

Bob Walz --Lots of Love and best wishes now and always Mom, Dad, and THE BEAN.

Maria Fernandes — Congratulations, Love Mom & Dad.

Nancy Fragoso, We wish you the best of luck now and forever! Love Mom & Dad.

Congratulations Laurie, may all your hopes and dreams come true! Love Mom, Dad, Michelle, and James DaSilva.

Christina, You've made it this far so don't give up and good luck! Love Mom, Dad, and Jose Santos.

Melissa, keep marching to the beat of your own "peaceful" drummer. Love, Mom & Dad.

Tammy Soares, you are the best daughter in the whole world and I'm proud of you and your accomplishments. I love you, Mom.

Beth Tyburski, continue your ability to display poise and self confidence your family supports you. "Love you very much" Mom & Dad.

Jen Condon: We love you and wish you happiness and success in your future. Love Mom & Dad.

Congratulations Lori Martin — Love Mom, Dad, and Lisa.

Mandy Leigh "Lucy": We love you Mandy Talbot! Mom & Dad.

Laura Frates, Congratulations and the best of luck. We love you. Mom, Dad, Lisa, and Grandma.

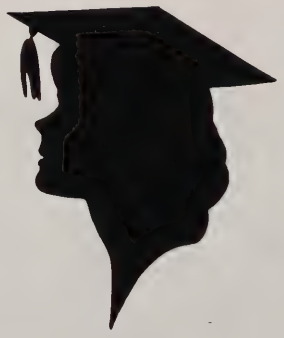
Michael Nedeau, if your ship does not come in, swim out to it! Keep smiling. Love Mom & Dad.

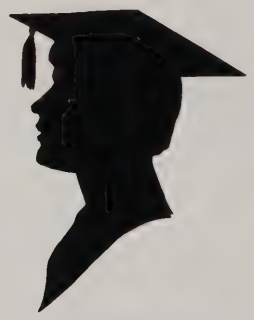
Jeff Koss, Congratulations. This is it — The real thing! Remember, "If it's to be, it's up to me." Love, Mom.

Brian Connaughton --We are very proud of you! Love Mom & Dad.

Jason Baker, We wish you a bright and happy future. All our Love, Mom & Dad.

Jeff Peabody — Success and happiness in all that you do! We're proud of you! Love Mom & Dad.





Paul Fontoura, We are very proud of you. We love you very much. Mom & Dad.

Brian Clini, Congratulations; we knew you could do it. Love Mom & Dad.

Dinis Jablonski, We are very proud of you, we love you very much! Congratulations Mom, Dad, and Jeff.

Rocket man --We have always been extremely proud of you, and now, congratulations. Love Mom & Dad (Gianni).

Sean McBride, We are very proud of you. Love Mom, Dad, Mary, Philip, Jerry, and Grandma.

Congratulations Johnny Davis, Love Mom, Dad, Chrissy, and Sarah.

Bub, we are very proud of you! Love Mom & Dad (Sands).

Jamie, Your integrity and sincerity have turned you into a fine young man with strong opinions and sound moral values. I am proud of you, son — and proud of the bond that we share. Love Mother.

Real Fortin, Your day is finally here! You deserve it, congratulations, we are so very proud of you. Love Mom & Dad.

Ethan Gaumond, Congratulations future hoya! We're all very proud of you. Love, Mom, Dad, Ben, and Aaron.

Kevin Moquin, Congratulations, we are very proud of you. Love Mom & Dad.

Alan Vautrain: Congratulations! We're so proud of you. We know your next step in life will make *you* even prouder! Love Mom & Dad.

Christopher Truchan — Congratulations and best of luck! Love Mom & Dad, Ken & Kerry.

Booners, you did it! Congrats, Love Mom & Dad (Faye).

To our lovely daughter Dorothy Dynak: Congratulations on graduating, we wish you success in college. Love Mom, Dad, Chris, Bobby, and Ursula.

Mike Kozicki, Best wishes and happiness in the future. Love Mom & Dad.

Michelle Schutt, we are very proud of you and will always love you, love Mom & Russ.

Best Luck Always Ken Marby! Love your proud mother.

Wendy Lenois, Congratulations, you made it, we're so proud, Mom & Jack.

Chrysti Orchulek, Congratulations! Best of luck to you Love Mom & Dad.

Rosebud, you are my sunshine! You've brought me much joy, I'll miss you. Study hard. Love you, Mom (Szarlan).

Karla Szarlan, I bet you're a late bloomer just like me . . . Give them h- - -at Alverno! Love you Dad.

Mickey, Congratulations and best of luck. Love Kelly, Mom, Dad, and the Boys, cause "we're a family." (Vigneault

Dear David Drozdowski, we love you and we're very proud of you. Love Mom & Dad.

Mark Marceau: It was a tough road but well worth the effort. We are proud of you. Love Always, Mom & Dad.

Kim Smith — Congratulations — I am very proud of you. Love, Mom.

Joe Kozaczka — We've always been proud of you, now be proud of yourself. Love Mom, Dad, and Cindy.

Mark Chevalier — '90 came awfully fast! We're very proud of you and love you a lot. Mom, Dad, Trisha, Jason, Bob, Pam, and Steve.

David: Set your goals high, then go after them, you can do whatever you put your mind to. Love Mom & Dad (Pickens).

Duane Provost — Due to your tenaciousness you've overcome many adversitites. We are very proud of you. Love Mom & Dad.

Bart Piper — Congratulations! We are very happy and proud of you! All our love, Mom & Dad.

To all those who helped to make this yearbook a success:

I would like to thank everyone who helped with this yearbook. There are some people who I just could not have done without.

Jodi Psoter: For everything she did with the sports pages. Anything I needed done with turning in those pages she did without complaints.

Jason Hoeppner: He worked with Jodi on the sports pages and always came through with interesting layouts and ideas.

Melissa Silva: She and Christina Santos did the senior pages and did an excellent job at making sure everything was turned in on time. She also helped me with whatever I asked, including giving me some of her pictures when mine did not come out.

Brenda Goncalves, Kerri Mathison, and Sue Podsadowski: They worked very diligently on the underclassmen sections and wrote articles.

Brian Croteau: He helped me with several deadlines and the advertisement sections. He was always there with his crew ready and willing to do anything I needed done. He and Shelley Lawler did the parent ads as well.

Craig Molway: He did most of the artwork including the cover and endsheets. Without his beautiful work this book wouldn't have turned out this unique.

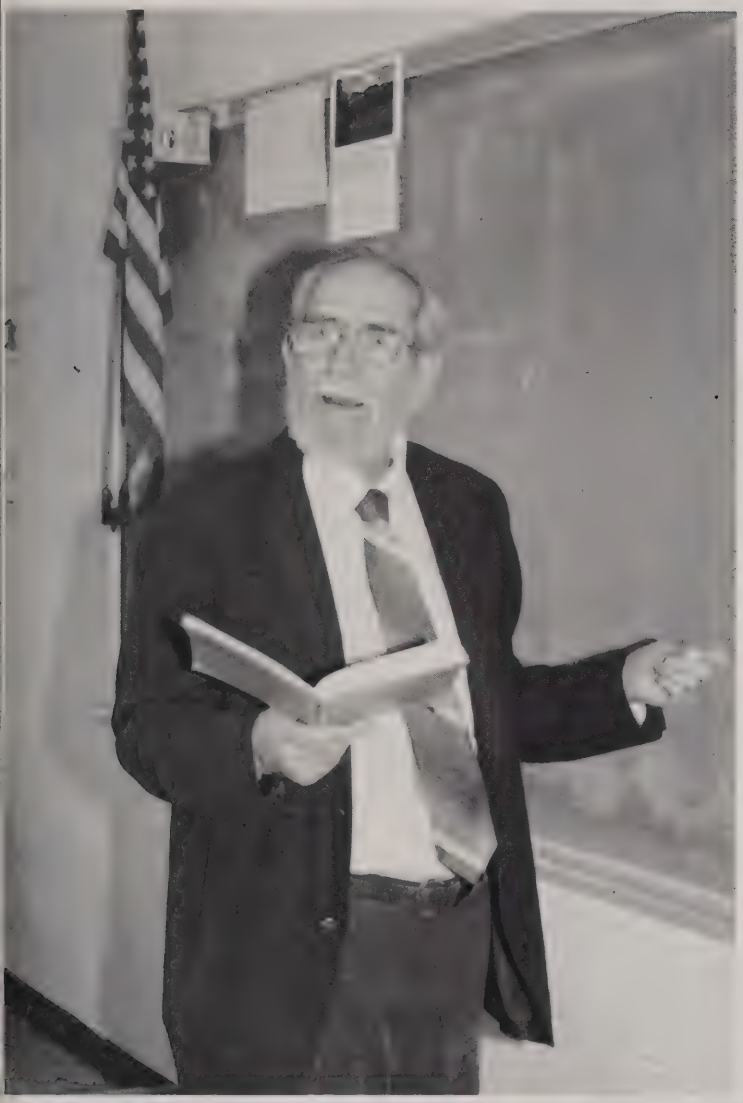
Mrs. Richards: She took care of the jobs that I didn't want or have the time to do. She made sure that all deadlines were made, ready or not.

Mom and Kevin: Every time I had a meeting it was in my mom's room and usually meant that Kevin got to transport heavy boxes back and forth. They can finally have the kitchen back without layout sheets as placemats.

Thank you to everyone who helped me.

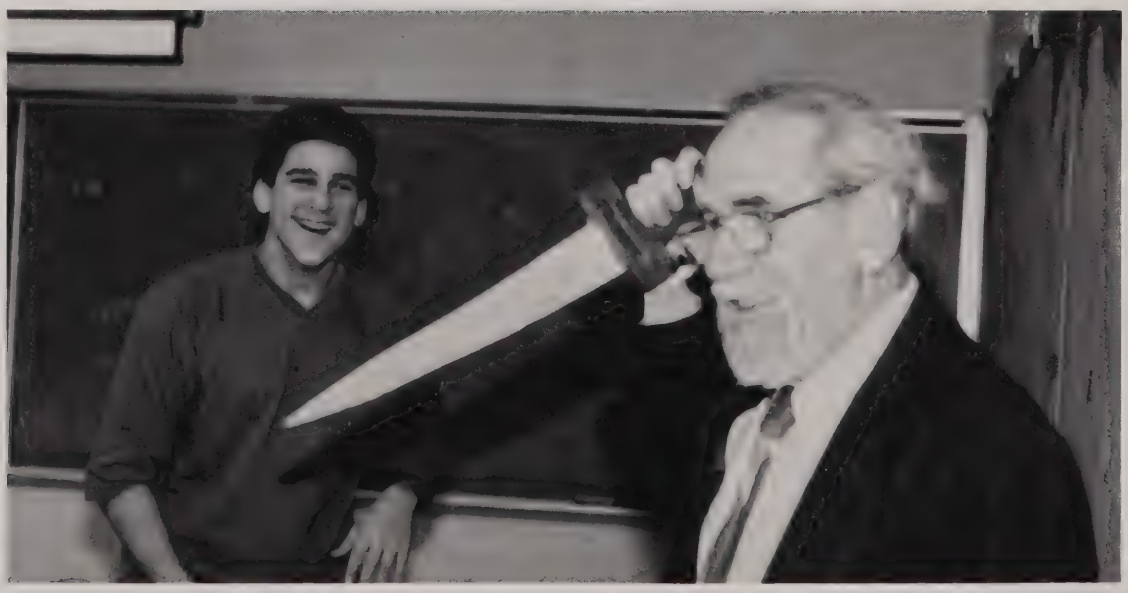
Jennifer Kavka
Editor-in-chief

In Memory of



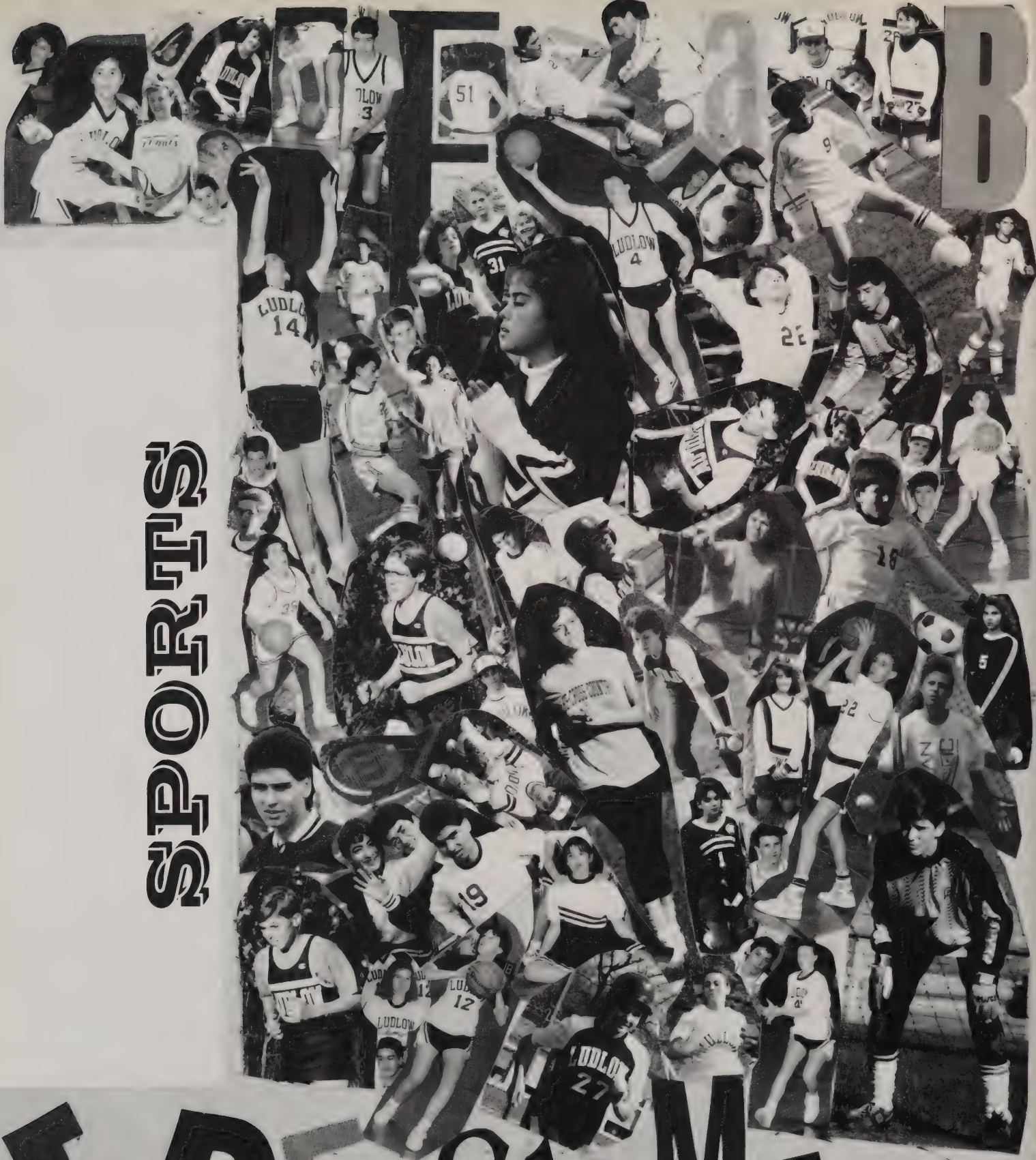
Dr. Donald Leger

To lose a friend is the greatest of losses.
Syrus



SPORTS

FRESHMEN



SUPER HERO
SPORTS

SPORTS

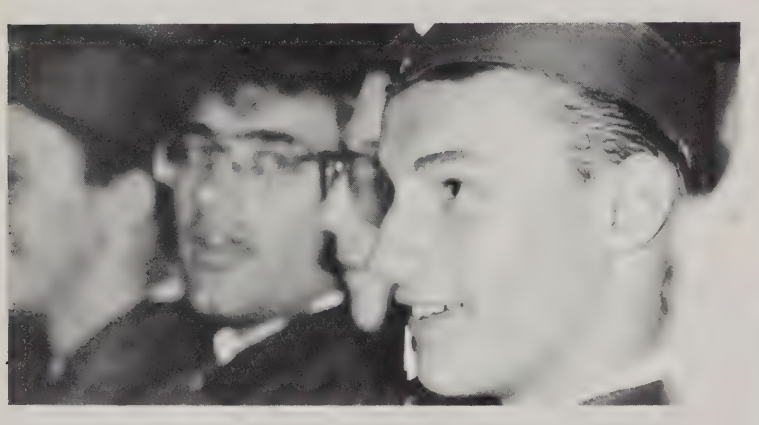
SENIOR SPORTS
LUDLOW
26
22
23
16
32
9

SENIOR DIRECTORY

Christine Abeid
48 Joy St. 12/30/71
"Wow. Thank God it's finally over. Hey Ma, Ba, Jen and Mandy. You're all great."

Antonio Alves
35 Atlantic St. 7/12/72
"Whatever the future has in store for us, may all our dreams come true."

Mark Augusto
180 Prokop Ave. 10/23/72



Jason Baker
62 Gaudreau Ave. /1/72
"To the Class of 1990. The best of luck to everyone."

Kimberly Bal
233 Tower Rd. 12/3/72
"The future holds fantasies for those who dare to dream. Reach for the stars 1990."

Christopher Banas
230 Clover Rd. 7/28/71

Ana Batista
110 Whitney St. 10/21/72

Joshua Baxter
619 Miller St. 9/23/71
"Adìos amigos! See you guys at 30,000 feet!"

Jason Bealiue
64 Laurel Lane 8/8/72

Deborah Beebe
21 Libby St. 9/12/72
"Maybe someday we will find . . . that it wasn't really wasted time — The Eagles"

Tod Bertini
49 Crest St. 3/4/72

Lisa Bilodeau
623 East St. 3/8/72
"Claude and Clyde we finally conquered LHS! Keep in touch and always SMILE!! Love, Klutz."

Kristen Boates
76 Kirkland Ave. 12/10/72
"Reach for your dreams and remember if you don't face the music you'll never be able to dance."

Maria Borges
216 Holy Cross Circle 10/8/72

Bruce Brissette
144 Kendal St. 10/8/72

Thomas James Burke
33 Erin Lane 7/27/72
"I thank Howard for encouraging my acting and opening the world of drama to me."

Scott Cabral
251 Ventura St. 10/2/72

Zelia Carvalho
146 Center St. #1 11/11/71
"I will always love you Artur. Carla, Debbie, Sandra, Ana so how's the mooning stuff."

Cheryl Cennamo
32 Coolidge St. 7/21/72
"Success is doing what you love and loving what you do. Be true to yourself."

Cynthia Lee Charron
103 Shawinigan Dr. 12/6/72

Mark Chevalier
31 May Rd. 10/30/72
"High school's finally over. I'll miss you all very much. Thanks for all the memories."

Natalie Cieplik
350 Ventura St. 11/16/72
"Laugh, cry when you need to, every day find a reason to smile and never forget these times."

Kevin Cislak
174 Fuller St. 12/22/72
"If you're not now, you never were."

Jennifer Clark
840 East St. 9/3/72
"Anybody want a strawberry?"

Brian Clini
98 Barna St. 9/19/72

Nicholas Cocchi
52 Haswell Circle 10/16/72
"Thank you Mom and Dad for all your support and encouragement. Love, Nick"

Thomas Coipurathu
36 Warren St. 4/27/72

Jennifer Collins
33 Briarwood Lane 2/18/72
"The Middle-Aged mutant ninja penguin will live on! Deadheads will never die. Keep on rocking! Peace, love, and happiness everybody."

Laura Colon
117 Gamathe Dr. 12/14/72

Jennifer Condon
37 American St. 3/6/72
"Education is what you have left over after you have forgotten everything you have learned."

Brian Connaughton
36 Haswell Circle 12/14/72

Susan Conniff
29 Grant Ave. 10/7/72
"May the future hold for you all the dreams and expectations you're searching for."

Jennifer Costa
68 Homestretch Dr. 8/8/72
"Treasure the moments touched with joy but remember the moments tarnished and stained for you, sunshine."

Brian Croteau
77 Americo St. 4/14/72
"Reach for your goals — don't let anything hold you back. Good luck to everyone, Brian."

Carol Cusson
305 Miller St. 11/2/72

Lisa DaCruz
76 Newcrest St. 12/6/72

Laurie DaSilva
97 Lakeview Ave. 10/21/72

Jennifer Davis
112 Blisswood Dr. 12/20/71

John Davis
20 Davis St. 2/24/72

Denise Desrochers
1528 Center St. 10/7/72
"Good luck to all my friends, love, lost, and gained: always be true to yourself."

Carlos Dias
127 Laconia St. 4/14/72

Jason Thomas Dinelle
103 Mass Ave. 12/6/72
"He who does his best at one thing eclipses he who merely participates in 100."

David Drozdowski
107 Americo St. 9/11/72

Jamie Dryjowicz
131 Erin Lane 5/12/72

Dorothy Dynak
104 Colonial Dr. 5/19/72
"French Tag at 55 in a van. I love you Greg. Yeah Fleance."

Paul Dzierwinski
34 Longview St. 3/31/72
"And I, I took the path less traveled."

David Edelman
848 Center St. 6/26/71

Scott Evans
714 Fuller St. 10/25/71

Maria Natalia Faustino
152 Center St. 6/6/71
"Thanks to all my teachers who have helped me through the last four years."

Rebecca Faye
45 Homestretch Dr. 6/14/72
"I'm not bad. I'm just drawn that way."

Jason Felton
23 Victoria Terr. 8/3/72

Maria Fernandes
35 Rogers Ave. 8/27/72

Mario Ferrero
106 Pondview Dr. 12/28/71

Sean Ferrigan
47 Barna St. 10/5/72
"If I'm looking at the ceiling then I must be lying on the floor."

Rachel Field
81 Laurel Lane 5/29/72

Carl Fontaine
39 West St. 5/22/71

Paul Fontoura
152 Lockland Ave.
10/31/72

Real Fortin
89 Old West St. 5/23/70

Teresa Fraga
37 Essex St. 6/23/72
"Love and hate fill our lives but it's the love and memories that withstand time."

Nancy Fragoso
76 Americo St. 10/15/72

Laura Frates
122 Vienna Ave. 9/29/72

Alfredo Freitas
72 Haviland St. 10/1/72
"Boys and girls remember lies will not be believed even when you tell the truth."

Steven Gamache
39 Sroka Lane 8/11/72

Christopher Garrity
137 Hubbard St. 8/10/71

Matthew Garrity
137 Hubbard St. 1/10/71

Ethan Gaumond
18 Wood Dr. 2/27/73

Jennifer Ghazil
14 Prokop Ave. 1/9/72

Rocco Gianni
45 Atlantic St. 3/22/72

Leon Giard, III
57 Bruni Ave. 1/30/72

Michael Gilrein
43 Baker St. 9/3/72

Terry Gomes
19 Bridle Path Circle 4/23/72
"Soon the ship will sail and take us all away. I'll miss you all!"

Alex Goncalves
92 Higherbrook Dr. 4/5/72

Isabel Goncalves
37 Hampshire St. 1/25/72

Natalie Goncalves
25 Benton St. 12/18/70
"Congratulations Natalie. You made it. Good luck in the future. Love Mom, Dad, and Mario."

John Guerreiro
1373 Center St. 10/24/71

Diane Halama
1373 Center St. 4/21/72

Jennifer Haluch
31 Cady St. 9/11/72
"We'll remain friends forever Jenn, Nikki, Lisa. And I will marry Jamie, I hope!"

Thomas Haryasz
157 Karen Dr. 9/12/72

Matthew Hill
36 Fairview St. 3/15/71

Jason Hoeppner
84 Cardinal Circle 2/23/72
"Only when we truly understand life and accept our position can we freely pursue our dreams."

Scott Howe
130 Parker Lane 4/19/71

Dinis Jablonski
10 Newcrest St. 12/28/72
"And in THE END we'll still be friends."

Jacqueline Jamroz
419 Alden St. 6/27/72
"Make new friends but keep the old; one is silver the other is gold."

Nicole Jerome
39 Michael St. 11/15/72
"Do not sell yourself short for you all have great potential."

Diane Joao
177 Lakeview Ave. 5/16/72
"You can only waste the passing moment. You cannot waste tomorrow; it is kept for you."

Chris Jodlowski
20 Beachside Dr. 9/14/72

Jennifer Kavka
507 Miller St. 11/1/72
"You can check out anytime you like, but you can never leave. — Eagles"

Lynn Kawalec
387 Alden St. 11/4/72

Patricia Keough
120 Clover Rd. 5/15/72
"Never forget how to laugh."

Kimberly Keys
26 Prospect Gardens 5/10/72
"All the wonders you seek are within yourself — open your mind to find dreams and make them realities."

Na Young Kim
120 Blisswood Dr. 12/1/71
"It's a harsh world out there but with belief and determination we can be successful."

Karen Klimek
186 Higherbrook Dr. 12/21/70

Jeffery Koss
135 Coolidge Ave. 12/3/71

Joseph Kozaczka
50 Tait St. 6/30/72

Michael Kozicki
153 Chapin St. 2/12/73

Ronald Kraus
8 Manor Lane 11/15/72
"May the Cross-Country Connection live forever."

Pamela Krzyzek
48 Voltage Ave. 5/9/72

Lisa Lanou
192 Erin Lane 10/11/72

Nicole Lecompte
239 Winsor St. 6/22/72

Wendy Lenois
74 Ray St. 10/5/72

Lisa Lincourt
7 Fontaine St. 5/26/72
"Dare to be different, live your own life and follow your own star."

Shane Loiselle
528 Fuller St. 2/7/72

Stanley Lupa
68 Nash Hill Rd. 5/8/72

Katia Maalouli
Rua Antonio Alves de Lima Neto, 100, 04031 Ibirapuera, São Paulo — SP, BRAZIL
7/24/72

Brian Macneil
524 Fuller St. 6/14/72

Heather Manchester
37 Warren St. 12/19/71
"The best way to know life is to love many things."

Kenneth Marby
25 Park Place 5/11/72
"Hey, teachers, leave those kids alone. — Pink Floyd"

Mark Narceau
159 Skyridge St. 6/27/72
"This class is the most perfect class! I am proud to be graduated from it!"

Karl Marosits
142 Marion Circle 6/3/72

Eric Martin
188 Holy Cross Circle 12/20/71

Lori Martin
37 Guertin Ave. 10/25/72
"Follow your dreams for it is the pursuit of those dreams that makes life worth living."

Robert Martin
732 Center St. 12/15/71
"It was a good year. I will see you guys next year later."

Pedro Martins
52 Lower Whitney St. 1/10/73
"It's time we all reach for something new!"

Tricia Martins
15 Nash Hill Rd. 11/30/72

James McAfee
32 Lazaraz St. 2/19/72

Sean McBride
85 Hunter Rd. 10/20/72
"If hard work is the key to success then I'd rather pick the lock."

Thomas McDonald
291 Fuller St. 7/16/72
"Don't hold back anything and you'll walk away a fool or a king."

Daniel McKenney
144 Church St. 11/16/70

Edward McKenney
144 Church St. 11/16/70

Brian McNally
215 Lyon St. 9/3/72

Lin Mei
249 Prospect St. 8/10/72

Robert Melling
108 Higherbrook Dr. 4/5/72

Gregory Metayer
708 Chapin St. 1/20/72

Renee Michalczyk
72 Gaudreau Ave. 11/17/72

Suzanne Midura
195 Church St. 6/23/72

Thomas Moffett
53 Michael St. 1/6/72

Craig Molway
102 Longview Circle 2/15/72

Michelle Monette
77 John St. 5/1/72

Kevin Moquin
18 Lazaraz St. 9/20/72
"If you can't be yourself, who can you be?"

Lucy Muche
6 Ampere Ave. 11/21/72

Jeffrey Murphy
41 Cady St. 12/20/71

Michael Nedeau
110 James St. 10/31/72
"Love, Hope, Hate, and Dreams. Memories to each, to each shall have. Yes. Love, Sam."

Didier Newby
242 James St. 7/13/71

Chau Nguyen
43 Maple St. 7/25/72

Dianne Nogueira
782 Center St. 10/24/72
"Bart Simpson says: 'Don't have a cow man!' Jim I love you forever, Love, Dianne."

Joseph Nowak
22 Circuit Ave. 6/30/72

Tony Oliveira
81 Pine Street /12/72

Chrysti Orchulek
86 Sroka Lane 7/20/72
"Cannot the kingdom of salvation take me home. To live is to die. Fleance Forever."

Christopher Paliki
19 Grant Ave. 12/25/71
"Roses are red, violets are blue, the Class of 1990 will always rule!"

Kathleen Panek
54 Pine Knoll Dr. 11/27/72
"This age is best which is the first but being spent the best and worst."

Jeffrey Peabody
91 John St. 4/16/72

Susanne Pendexter
23 West Akard St. 12/30/72
"That's all she wrote!"

Maria Pereira Fa
129 Whitney St. 5/25/71
"I will always love the N-man. Rebecca thanks for being there, Eliza don't give up."

David Pickens
51 Watt Ave. 6/19/71

Karen Pinsonnault
405 West St. 5/31/72
"Our life's a gift from God. What we do with it's our gift to God."

Bartlett Piper
575 Fuller St. 10/8/72
"The year is out, we're having fun. Keep it good till the days are done."

Christopher Pivin
204 Kendall St. 10/11/72

Duane Provost
114 Wilno Ave. 12/12/72

John Pszeniczny
164 Prokop Ave. 6/21/72

Pamela Queiroga
57 Americo St. 7/3/72

Isabel Quiterio
45 Summer Ave. 9/9/72
"Just when you thought you're at the top you have to start all over as a college freshman."

James Rae
147 Reynolds St. 2/4/72
"I wish the best of luck to all my classmates. Hey Homer, Eat My Shorts!!!"

Jeanne F. Ramalho
106 Blanchard Ave. 6/7/72
"We've got every dream recorded. Feed off the power that's in those dreams."

Daniel Ramos
12 Essex St. 4/29/72

Christine Y. Rauh
127 BirchSt. 8/25/72
"I was shown a special star on my seventeenth birthday. I'll never lose sight of it."

Jamie Reynolds
429 Moore St. 10/12/72

Diogo Ribeiro
226 Americo St. 8/27/71

Michael Richard
90 Miller St. 10/31/72

Kara Richards
116 Warwick Dr. 1/2/72

Grafilo Rodrigues
406 East St. 3/1/72

Nuno Rodrigues
182 Elizabeth Dr. 3/1/72

Kelly Saloio
113 Loopley St. 5/4/72
"Music is the universal language."

Luciann Saloio
113 Loopley St. 5/4/72
"Set your sights high, so you will always have something to reach for."

Joe Salvador
12 Roy St. 3/9/72

Michael Sands
103 Waverly Rd. 11/21/72
"I can't think of anything so gimme a light, a BUD light."

Christina Santos
58 Belmont St. 10/4/72
"Apathy is Destruction"

Fred Santos
313 Winsor St. 1/10/72
"The time has come to face the world — and may God help us all."

Keith Sbriscia
44 Mountainview St. 4/8/72

Michelle A. Schutt
443 Moore St. 8/27/72
"Life isn't always easy, but make the best of it and follow your dreams."

Susana Sebastiao
168 Kirkland Ave. 9/22/71
"You can never plan the future by the past."

Michael Serwatka
25 Crest St. 8/28/72
"Man, I gotta start doing some work, the term's almost over."

Derek Shute
165 Reynolds St. 5/23/72

Melissa Silva
30 Stevens St. 11/29/72
"Our greatest glory consists not in never falling but in rising when we fall."

Steven Silva
23 Franklin St. 4/12/72
"Brevity is the soul of wit."

Elizabeth Skora
59 Harris Lane 4/9/73

Kimberly Smith
361 West Ave. 8/5/72

Maura-Jo Snyder
199 Ventura St. 4/27/72
"It is a far greater place where we are headed than where we have been."

Tamara Soares
181 Stivens Terr. 9/2/72
"Good times, bad times, fun times, not-so-fun times, they will all be OUR memories forever! Thanks!"

Daniel Starzyk
100 Pine St. 7/17/72

Jill Stewart
145 Coolidge Ave. 8/2/72

Karla Szarlan
464 Lyon St. 5/9/72

Mandy Talbot
18 Paul Ave. 11/23/72

Bruce Taylor
598 Alden St. 2/4/72

James Theriault
506 Fuller St. 5/1/72
"Thanks for a great year guys. Good luck, French and feeling good! The French assassin."

Chris Truchan
471 East St. 3/17/72

Elizabeth Tyburski
37 Laurel Lane 4/8/72
"To my good friends — These past years have been the best! Good Luck to everyone!"

Kathleen Tyrell
175 Kendall St. 9/19/72

Alan Vautrain
41 May Rd. 7/8/72
"Goodbye and thank you to all my friends of Ludlow High. Steph, I love you."

Tammy Vieira
113 Skyridge St. 10/31/72

Joseph Vigneault
33 Elm St. 5/9/72

Kimberly Vigneault
597 Chapin St. 1/11/72
"Have confidence in yourselves to conquer what life offers with determination and pride."

Robert Walz
39 Alvin St. 9/14/7

Lisa Wilczynski
237 Prospect St. 1/29/7
"Let every day be a learning experience because knowledge is the key to success."

Kimberly Williams
114 Coolidge Ave. 1/22/7
"Smart lads to slip away, from halls where glory does not stay — A.E. Housman. Sweet freedom 1990."

Robert Yelle III
39 Main Blvd. 1/27/7

Richard Zaldivar, Jr.
84 Hill Terr. 12/5/7
"Since freshman year I've waited for this day. Now that I'm here I'm going away."

Laura Zima
233 Clover Rd. 1/9/7
"Let us remember ourselves fondly, if we are to remember ourselves at all."

Ted Zwinski
341 East St. 1/26/7

WE'RE
OUTA HERE